	NOTTS 5 ENTRY FORM	RACE N°
	NUTIS S ENTRY FURM	
SURNAME		
FORENAME		(FOR OFFICIAL USE ONLY)
DATE OF BIRTH	AGE	M / F
AFFILIATED CLUB	UKA REG. N°	
ADDRESS		
EMAIL	TEL	
5m Entry 1m Fun R All entries on the Closing date for on the day entrie Please make che details.	refee £9 affiliated club member—minimum age 16 (Starts 7.30pm) Run £3 (Starts 7.00pm) e day are £2 extra. postal entries is Thursday 17th July. Entries received after this day es. No athlete transfers on the day. eques payable to "Notts 5" & enclose an A5 SAE for your ent	ate will be treated as
Send entries to:		
	bury Mill, Canterbury Road, Radford, Nottingham, NG8 1PQ. il: info@nottsac.com or telephone: 01159854289	
	nds at The Riverbank, please let us know if you will be staying	for the presentation
	information given on this form is correct. I agree not to hold the proway for injury or loss as a result of my participation in the Notts 5 or Fur	
SIGNED	(IF UNDER 16, A PARENT/ GUARDIAN MUST SIGN.) DATE	
1 1	ease tick this box if you do not wish The Riverbank to use your email to cromotional reasons.	ontact you for

NOTTS 5 MILE ROAD RACE



1 MILE FUN RUN

WEDNESDAY 23RD JULY 2014

VICTORIA EMBANKMENT, NOTTINGHAM



1 MILE FUN RUN AT 7.00PM • NOTTS 5 STARTS AT 7.30PM

ONLINE ENTRY THROUGH RUNNER'S WORLD, RUN BRITAIN OR NOTTS AC.

- ♦ Now in its 21st Year
- ♦ Traffic free course
- ♦ 2 laps around the picturesque Embankment
- ♦ Event suitable for all standards of runners
- ♦ Flat course—Perfect for a P.B
- ◆ Presentation at The Riverbank after the race
- ◆ Extensive prize list—Courtesy of The Riverbank and Notts AC
- ♦ Spot prizes
- ♦ Corporate team prize
- ♦ T-shirt to every finisher
- ◆ 20% reduction on food in restaurant on the night (on production of a vest number)

FUTURE NOTTS AC EVENT:

Christmas Relays - Saturday 27th December 2014 - Wollaton Park

www.nottsac.co.uk