



32nd Delaware Distance Classic 15k + 5K Run / Walk



Sunday, October 12, 2014 at 9:00 a.m.
NEW LOCATION! Delaware City, Delaware
(Only 20 minutes from Wilmington!)

- Event** **The 2014 Mid-Atlantic USAT&F 15K Championship** and a Grand Prix Event.
Also sanctioned by the Road Runners Clubs of America (RRCA).
- Awards** 15K: Male & Female Open: \$150, \$100, \$50; M & F Masters \$75. 5 Year Age Groups (3 deep)
- Course** **NEW:** Flat and fast course from Delaware City out to St. Georges and back. Details on website
- Amenities** **New Balance** long sleeve technical running shirts to the first **400** registered participants in 15K.
A great post-race party at Crabby Dick's restaurant with food, refreshments, & DJ Music.

Chip Timing by NOVA Timing. Results will be posted online at www.PCVRC.com & www.races2run.com
- Benefits** Andrew McDonough B+ Foundation www.BePositive.org The Mike Clark Legacy Foundation www.MCLF.org
- Register** You may register online or download this entry form at www.DDC15K.org starting on 5/15/14.
- Directions** Delaware Route 1 to Rte 72/Rte 9 to Delaware City. Left to foot of Clinton Street. Details on website.
- Questions** Email us at run@PCVRC.com Volunteers needed!
- Host Club** **Pike Creek Valley Running Club** was established in 1982. Our mission is to encourage the sport of running as a fun and healthy activity for people of all ages / abilities. Please join PCVRC and support running in Delaware.

Print Name: _____ **Phone Number:** (____) _____

Address: _____
City State Zip

Email _____

Date of Birth: _____ **Sex:** Male Female **T-shirt Size:** Small Medium Large X-Large XXL
Gender Specific for 15K. Unisex for 5K.

Team / Club Name: _____

Cost: ___ **15K \$35.00** entry: (postmarked by October 5) ___ **15K \$45.00** entry fee: (postmarked on/after October 5)
 ___ **5K \$25.00** entry: (postmarked by October 5) ___ **5K \$30.00** entry fee: (postmarked on/after October 5)

Charitable Donation \$ _____ **Join the PCVRC \$ 25.00 (optional)** _____ **Total Enclosed \$** _____

RELEASE FORM: In consideration of this entry being accepted, I intend to be legally bound, hereby for myself, my heirs, my executors, and/or administrators, waive and release any and all rights I may have against the organizations holding this event, their agents, representatives, sponsors, successors and assigns for any and all injuries suffered by me at said event. No bicycles, roller skates, baby joggers, headsets or dogs. Unofficial runners are not permitted to participate.

Signature: _____ **Date:** _____ **This is my first DDC15K/5K** _____