

Resolution Run 5k/10k/15k

Please fully complete and sign this registration form.
Only completed and signed forms will be accepted. Thank you.

Please select your venue/distance:

Venue	Distance
Scotland	
<input type="checkbox"/> Beach Esplanade, Aberdeen	<input type="checkbox"/> 5k <input type="checkbox"/> 10k
<input type="checkbox"/> Camperdown Park, Dundee	<input type="checkbox"/> 5k <input type="checkbox"/> 10k
<input type="checkbox"/> Cramond Foreshore, Edinburgh	<input type="checkbox"/> 5k <input type="checkbox"/> 10k
<input type="checkbox"/> Glasgow Green, Glasgow	<input type="checkbox"/> 5k <input type="checkbox"/> 10k
Northern Ireland	
<input type="checkbox"/> Queen's Sport, Upper Malone	<input type="checkbox"/> 5k <input type="checkbox"/> 10k
Wales	
<input type="checkbox"/> Bute Park, Cardiff	<input type="checkbox"/> 5k
<input type="checkbox"/> Newborough Forest, Anglesey	<input type="checkbox"/> 5k
North East England	
<input type="checkbox"/> Newcastle	<input type="checkbox"/> 5k <input type="checkbox"/> 10k
<input type="checkbox"/> Tees Riverside, Stockton-on-Tees	<input type="checkbox"/> 5k <input type="checkbox"/> 10k
<input type="checkbox"/> York Racecourse, York	<input type="checkbox"/> 5k <input type="checkbox"/> 10k
North West England	
<input type="checkbox"/> Heaton Park, Manchester	<input type="checkbox"/> 5k <input type="checkbox"/> 10k <input type="checkbox"/> 15k
<input type="checkbox"/> Delamere Forest, Cheshire	<input type="checkbox"/> 5k <input type="checkbox"/> 10k <input type="checkbox"/> 15k
<input type="checkbox"/> Stanley Park, Blackpool	<input type="checkbox"/> 5k <input type="checkbox"/> 10k <input type="checkbox"/> 15k
Yorkshire and East Midlands	
<input type="checkbox"/> Markeaton Park, Derby	<input type="checkbox"/> 5k
<input type="checkbox"/> Temple Newsam Park, Leeds	<input type="checkbox"/> 5k <input type="checkbox"/> 10k <input type="checkbox"/> 15k
<input type="checkbox"/> Rushcliffe Country Park, Nottingham	<input type="checkbox"/> 5k <input type="checkbox"/> 10k
West Midlands	
<input type="checkbox"/> Hagley Hall, Hagley	<input type="checkbox"/> 5k <input type="checkbox"/> 10k <input type="checkbox"/> 15k
<input type="checkbox"/> Arrow Valley, Worcestershire	<input type="checkbox"/> 5k <input type="checkbox"/> 10k <input type="checkbox"/> 15k
<input type="checkbox"/> Braunstone Park, Leicester	<input type="checkbox"/> 5k <input type="checkbox"/> 10k <input type="checkbox"/> 15k
East of England	
<input type="checkbox"/> Easton College, Norwich	<input type="checkbox"/> 5k <input type="checkbox"/> 10k
<input type="checkbox"/> Milton Country Park, Cambridge	<input type="checkbox"/> 5k <input type="checkbox"/> 10k
London	
<input type="checkbox"/> Hyde Park, London	<input type="checkbox"/> 5k <input type="checkbox"/> 10k
<input type="checkbox"/> Clapham Common, London	<input type="checkbox"/> 5k <input type="checkbox"/> 10k
South East	
<input type="checkbox"/> Bearsted Woodland Trust, Maidstone	<input type="checkbox"/> 5k <input type="checkbox"/> 10k
<input type="checkbox"/> Splashpoint Green, Worthing	<input type="checkbox"/> 5k <input type="checkbox"/> 10k
South West	
<input type="checkbox"/> Escot Park, Ottery Saint Mary	<input type="checkbox"/> 5k <input type="checkbox"/> 10k <input type="checkbox"/> 15k
<input type="checkbox"/> Lydiard Park, Swindon	<input type="checkbox"/> 5k <input type="checkbox"/> 10k <input type="checkbox"/> 15k
South Central	
<input type="checkbox"/> Black Park, Slough	<input type="checkbox"/> 5k <input type="checkbox"/> 10k
<input type="checkbox"/> Watermead Aylesbury	<input type="checkbox"/> 5k
<input type="checkbox"/> Moors Valley Country Park, Ringwood	<input type="checkbox"/> 5k <input type="checkbox"/> 10k <input type="checkbox"/> 15k
Jersey	
<input type="checkbox"/> Les Landes Racecourse	<input type="checkbox"/> 5k <input type="checkbox"/> 10k

Personal Details

Title: Firstname:

Surname:

Date of birth:

Contact no:

Email:

Address:

Postcode:

Employer:

Job title:

Medical information

- this information may help us seek medical assistance in an emergency situation.

Known conditions:

Current medications:

Known allergies:

Next of kin information

Full name: _____

Relationship: _____

Contact no. 1: _____

Contact no. 2: _____

Where did you hear about the event?

– please tick one of the following

- Run ABC
- Facebook
- Running Bug
- Runners World
- Other running website/magazine
- Stroke Association (website, mailing, staff member, etc.)
- Banner
- Poster/flyer
- Newspaper
- Friend/family/colleague
- Other - please specify

PAYMENT DETAILS IN ADVANCE

Please charge me a total of £ _____ for my registration(s). This covers ____ participants at £15.00 each (including t-shirt).

PAYMENT DETAILS ON THE DAY

Please charge me a total of £ _____ for my registration(s). This covers ____ participants at £20.00 each (including t-shirt).

Please complete as appropriate.

T-shirt Size: S M L XL

Card holders name: _____

Card holders address: _____

Postcode: _____

Card holders contact no: _____

Card type: _____

Card Number:

□□□□/□□□□/□□□□/□□□□

Start date: □□/□□ Expiry date: □□/□□

Issue no: (Switch only) □□ Security code: □□□□

DISCLAIMER AND TERMS & CONDITIONS

By completing this form you are agreeing to the rules of this disclaimer notice.

- All participants should satisfy themselves that they are fit to take part before entering the event. If you have any doubts, please refer to your GP.
- The organisers reserve the right to prohibit individuals from taking part.
- Participants must follow the instructions of the organisers or their appointed agents at all times.
- Participants must not be under the influence of alcohol or any other substances.
- Children under the age of 13 must be accompanied by an adult and supervised during the event. Young persons under the age of 18 (13 to 18 yrs) will require parental/guardian consent to participate.
- If participants are taking medication which could cause drowsiness, or other side effects please seek medical advice before completing the entry form.

CANCELLATION POLICY

- No refunds can be given however named substitutions will be accepted.
- Stroke Association reserves the right to change the publicised route at any point up to the day of the event.
- Participants permit the Stroke Association to use any photographs taken during the races for any advertising or editorial purposes, including on the worldwide web.
- Stroke Association will take reasonable care to ensure that the event is conducted in a safe manner. Liability cannot be accepted for any damage, injury or loss arising from the negligence of participants (whether through failure to observe the rules of the event or otherwise).

DATA PROTECTION

- Stroke Association would like to keep you informed about the work we are helping to make possible. If you would prefer us not to contact you, please tick this box.
- We will sometimes allow other organisations whose aims are in sympathy with our own to contact our supporters. If you do not wish to hear from these organisations, please tick this box.
- If you would be happy to receive information about Stroke Association's work by email, please tick this box.

Date: _____

Signed: _____