

## SUNDAY 30TH OCTOBER 2016 11:00AM

**RACE HQ / START :** SOUTH MOLTON RUGBY CLUB JUNIOR EVENT : 10 am (weather permitting)

HELD UNDER UKA RULE - UKA LICENCE No : TBA

Memento to all finishers | Prizes in ages categories - male & female | Spot prizes Team prize for first club with 4 runners across the line (male or female)

> Refreshments available. First aid provided by St Johns Ambulance. Not suitable for wheelchairs. Free parking. No dogs allowed.

To enter online or for full details please see the website www.southmoltonstrugglers.co.uk



Registered Charity No. 286554

In recognition of the great work undertaken by the North Devon Hospice we will be donating £1 from every entry fee to the charity



being there for all the family Registered Charity No. 286554

SOUTH MOLTON

STRUGGLERS

## **ENTRY FORM**

ADDRESS	EMAIL
D.O.B AGE OI	N RACE DAY MALE / FEMALE
AFFILIATED CLUB	EA COMPETITION NO
ENTRY FEES £13 Discounted Entry Fee for EA Licenced Competitors £11   £2 extra on the day Cheques payable to 'Strugglers Events'. Send your entry to Cath Hawkins, Milehouse, Chittlehampton, Umberleigh, EX37 9RD. Closing date for postal entries 23/10/2016. Race numbers are to be collected from the registration point at Race HQ on race day. Registration opens at 9am. Accepted entries will be listed on the website. Late entry desk closes at 10:15am. I agree to abide by UK Athletics Rules and the regulations of the organisers. I will be aged 18 or over on race day. I accept full responsibility for any injury, accident or loss resulting from my participation in this event.	
SIGNED	DATED 2016