Sri Chinmoy 5 K / 10 K Race - May 2016 – Flushing Meadows Corona Park

Saturday, 14 May 2016 – 10:00 AM

Please submit one form per entry. Photocopies acceptable. You must PRINT LEGIBLY and complete all information.

THE EVENT:

Two shorter distance races along the scenic and historic grounds of Flushing Meadows Corona Park in Flushing, Queens, New York. Join us near the Boathouse, by the Sri Chinmoy Heart-Garden on Saturday, **14 May 2016** for spring races you will absolutely love. This year, in addition to our 5K race, ***we have added a new 10 K race option***, which consists of two full race loops. Both runners and walkers warmly welcome. This race is organized by the Sri Chinmoy Marathon Team.

INFORMATION: http://us.srichinmoyraces.org/nysprintseries

Contact: (516) 710-8084 e-mail: nyswimrun@srichinmoyraces.org

- Free race T-shirts for participants who register before 30 April
- Aid stations
- Beautiful and historic race setting
- 2-hour cutoff for both races (12:00 pm)
- Only participants age 13 and over accepted

Award Categories

Men and Women/ 5K 10:45 am award ceremony
10K 11:15 am award ceremony

- Trophies to top seven finishers overall
- Medals awarded to all finishers
- Certificates for top 3 finishers in each age category: Under 20, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over

Certificates will be mailed to all age place winners after the race.

Race results to be posted within 24 hours of race.

Driving Directions

Please familiarize yourself with directions to the registration area before race day. They are available on the website.

How to Enter

By Mail May Flushing Meadows 5K / 10K
150-47 87th Ave
Jamaica, NY 11432-3309

Make check or Money Order payable to: Sri Chinmoy Marathon Team.

Online registration - Please visit http://www.active.com/flushing-ny/running/distance-running-races/sri-chinmoy-flushing-meadows-5k-may-2016

Cost of Entry	5K Run	10K Run
Official entries* *(close 30 April)*	$20	$30
Late Entries** *(close 7 May)*	$20	$30
Day-of race entries***	$30	$40

**Official entries close 30 April; free t-shirt included. **Online entries accepted until 7 May. T-shirts for sale subject to availability. ***Day-of race registration and race packet pickup available from 8:30-9:30 am on race day*

- Please include a telephone number or e-mail address on your application so we can contact you to confirm your race registration.
- Race day entries available from 8:30 am and closing at 9:30 am sharp on race day, 14 May 2016, at our registration table.

Refunds – Refunds (minus $5.00 processing fee) will be made if withdrawal is received in writing or by e-mail by 7 May 2016 (*nyswimrun@srichinmoyraces.org)*

You are not allowed to transfer your entry to another person.

OFFICIAL ENTRY FORM Please print clearly. Please make checks payable to Sri Chinmoy Marathon Team.

☐ **5K or** ☐ **10K** Gender: ☐ **Male** ☐ **Female** **T-shirt size:** ☐ sm ☐ med ☐ lg ☐ xl Email _____

Last Name_____ First Name _____ Phone_____

Street Address_____ City_____ State_____ Zip _____

Country if not USA_____ Date of birth: Month____ Day _____ Year _____ Age on Race Day____

Signature _____ Date _____/_____/_____

Signature of Parent or Guardian if under 18_____ Date _____/_____/_____