

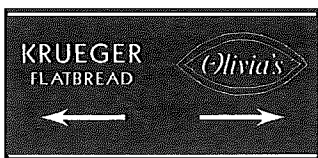


in association with the Andover Striders present

# The 29th Annual Bobby Bell 5-Mile Road Race

## \*"Gender-Graded" Scoring System – To Level the Running Field

### In support of the TONY SAPIENZA MEMORIAL MATH SCHOLARSHIP FUND AND JOYCE MORIARTY MEMORIAL FITNESS WALK (5 MI)



142 Essex Street, at Moulton Way  
Haverhill, MA • 978-372-3434



105 – Bistro

**DATE:** October 11, 2015  
**TIME:** 10:30 A.M. WALK  
11:00 A.M. RACE  
**LOCATION:** The Lasting Room  
122 Washington Street  
Haverhill, MA 01830  
**ENTRY FEE:** \$31.00 pre-entry  
\$36.00 post-entry



Make checks payable to: Lasting Room 5-Mile Road Race  
Mail entries to: Lasting Room 5-Mile Road Race  
c/o Dave LaBrode  
45 Highland Avenue, Unit B  
Haverhill, MA 01830  
978-376-8289  
email: ickylabrode@verizon.net



An Irish Pub and Restaurant

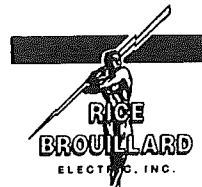
**Special Award to ALL FINISHERS (Walk/Race)  
Sennheiser OCX 685i Headphones**

Custom Short Sleeve T-Shirts to first 70 Walker entries and first 260 Runner entries

**AWARDS (IN ROAD RACE ONLY):**

Top Overall Finisher  
Top 5 Juniors: 19 & under  
Top 12 Open: 20-39  
Top 10 Masters: 40-49  
Top 8 Seniors: 50-59  
Top 6 Veterans: 60-69  
Top 4 Ancients: 70-79  
Top 3 Octogenarians: 80-89

Top 3 Heavyweights: 190-210 lbs.  
Top 3 Master Heavyweights: 190 lbs. & over  
Top 3 Super Heavyweights: 211-225 lbs.  
Top 3 Ultra Heavyweights: 226 lbs. & over  
Top 3 Haverhill Residents  
Top 3 Police Officers  
Top 3 Fire Fighters



GOURMET BUFFET FOLLOWING AWARDS CEREMONY  
Courtesy of: Krueger Flatbread Olivia's Restaurants,  
Haverhill Beef Company, Fantini Bakery, Shaw's of Plaistow,  
The Lasting Room and Cedar's Mediterranean Foods

All weight category entrants will be weighed prior to start of race.  
There are no gender divisions. Awards go to the top finishers in each age category.

**COURSE:** Record 24:40 Craig Fram 1996 - Gently Rolling Hills, Wheel Measured, Water Stations, Accurate Mile Splits, Timing by Yankee Timing.  
Beer, Soft Drinks, Raffle Prizes, and D.J.

\*Look for further details on Cool Running at [www.yankeetiming.com/bbell/](http://www.yankeetiming.com/bbell/)

I know running is a potentially hazardous activity. I should not enter this event unless I am medically able and properly trained. I assume all risks associated with running in this race, including, but not limited to falls, contact with other participants, the effects of weather, including high heat and / or humidity, the conditions of the road and traffic on the course, all such risks being known to and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application. I, for myself and anyone entitled to act on my behalf, waive and release Bobby Bell Road Race, Lasting Room Bar and Grille, the city of Haverhill, and all sponsors, their representatives and successors from all claims and liabilities of any kinds arising out of my participation in this event even though that liability may arise out of negligence of carelessness on the part of the persons named in this waiver. All fees are nonrefundable.

First Name           Age   Gender  Male  Female

Last Name

Address

City/Town         State   Zip Code

e-mail  Signature \_\_\_\_\_

T-SHIRT SIZE:  S  M  L  
 XL  XXL

RACE  
 WALK

Police Officer  
 Fire Fighter

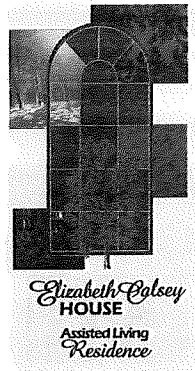

(Parent or guardian if under 18)

## SPONSORED BY:

Armen G. Derderian, CPA  
Atwood Memorial Company  
Blinn & Farrell, CPA's  
Bradford Movers  
Buttonwoods Place Adult Day Health Center  
Castle Hill Adult Day Health Center  
Costello Insurance  
Councilor Mary Ellen Day O'Brien  
David Cunningham, Builder  
Embroidery Loft  
Garibaldi Club  
Gleason Law Offices  
Greater Haverhill Chamber of Commerce  
Harborside Adult Day Health Center  
Haverhill Bank  
H.L. Farmer & Sons, Funeral Homes  
Mayor Jim Fiorentini  
K. C. Carpets  
Kenoza Chiropractic Offices  
LaFlamme, Barron & Chabot, Attorneys at Law  
Lakeview House Nursing Home  
Lightspeed, MFG  
Merrimack Valley Distributing (Coors Beer)  
Migliori and Fiorello, Attorneys at Law  
Pentucket Bank  
Pinnacle Service Solutions  
ReMAX on the River - Margaret Cargill  
ROAD ID  
Seacoast Coca-Cola  
Sons of Italy Club  
Spring Hill Pure Natural Water  
Starbucks Coffee Company  
The "Hit" Man D.J. Services  
Thomas A. Ferlito, DMD  
Thomas J. Sullivan, Attorney at Law  
Trinity Emergency Medical Service  
Whittier Health Network  
William Paszko, Masonry  
William T. Benson, DMD  
Winner's Circle Running Club  
WROR

CENTRAL WHEELCHAIR & VAN TRANSPORTATION, INC.

Kevin B. Comeau  
Funeral Home  
485 Main Street  
Haverhill, Massachusetts 01830  
Phone: 978-521-4945



Cullen Heating Services

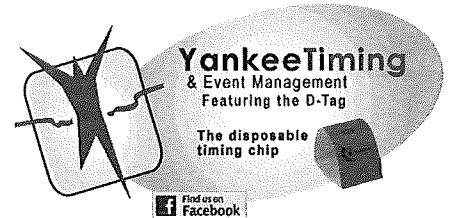
Phil Cullen  
Owner

Cell Phone: (978) 375-4517  
Fax: (978) 521-7129

16 Wedgewood Drive  
Haverhill, Ma 01830

## RAFFLE PRIZES FURNISHED BY:

Andover Striders  
Angles and Art Galleries  
Little River Ale House  
Artist Cafe & Art Gallery  
Barking Dog Alehouse  
Blue Finn Grille  
Butch's Uptown  
Carter's Ice Cream  
Chicken Connection Restaurant  
Cookie Central - Cookie, Brownies, Bars, & More  
Essex Street Grille  
Foto Factory  
Haverhill Beef Co.  
Keon's 105 - Bistro  
Krueger's Flatbread - Wood Fired Food - Spirits  
Lakeview Kitchen  
Le Posh Salon and Spa  
Lexie's Joint at Portsmouth, NH  
Maria's Family Restaurant  
Mark's Deli  
New England Runner  
The Peddler's Daughter Irish Restaurant and Pub  
Papa Ginos - Lowell/Chelmsford  
Positive Image Gallery 61  
The Color Mint - Clothing & Accessories  
The Yoga Tree - Haverhill  
The Tap Brewery & Restaurant  
Salon 1712  
Ski Bradford  
Sue Cullen Personal Training Studio  
Riverside Cycle - Haverhill  
ROAD ID  
Vintage View, Inc.  
Wicked Big Cafe  
Yankee Runner - Newburyport  
Barrett's Specialty Foods



GPS #9  
The Joanie

Ameriprise  
Financial

new balance.

