

# Relish Running Races

**Two Tunnels Entry form 2015** - Please fill in 1 form per athlete, tick the box for the event(s) you would like to register

	300m	5km	10km	Half Marathon	Marathon
22 <sup>th</sup> March					
10 <sup>th</sup> May*					
12 <sup>th</sup> July					
20 <sup>th</sup> September					

\*May 10km & Half Marathon – Return Ticket  OR Hilly Ticket

**Select a Wave** - based on predicted time for a flat course, if a wave is full you will be assigned to the next wave

10km; Sub 50mins Wave 1  OR Wave 2 ; 50 – 60mins Wave 3  OR Wave 4 ; 60mins+ Wave 5  OR Wave 6

Half Marathon; Sub 2hrs 10mins Wave 1  OR Wave 2 ; 2hrs 10mins+ Wave 3  or Wave 4

Marathon; Sub 4hrs 30mins Wave 1 ; 4hrs 30mins + Wave 2

## Race Registration

Challenge	Affiliated £75 <input type="checkbox"/>	Unaffiliated £80 <input type="checkbox"/>	On the Day £5 extra
Mini Challenge	Affiliated £45 <input type="checkbox"/>	Unaffiliated £50 <input type="checkbox"/>	On the Day £5 extra
Marathon	Affiliated £38 <input type="checkbox"/>	Unaffiliated £40 <input type="checkbox"/>	On the Day £2 extra
Half Marathon	Affiliated £26 <input type="checkbox"/>	Unaffiliated £28 <input type="checkbox"/>	On the Day £2 extra
10km Series	Affiliated £42 <input type="checkbox"/>	Unaffiliated £48 <input type="checkbox"/>	On the Day £5 extra
10km	Affiliated £14 <input type="checkbox"/>	Unaffiliated £16 <input type="checkbox"/>	On the Day £2 extra
5km	Affiliated £9 <input type="checkbox"/>	Unaffiliated £10 <input type="checkbox"/>	On the Day £2 extra
300m	Affiliated £3 <input type="checkbox"/>	Unaffiliated £3 <input type="checkbox"/>	On the Day £5

**Would you like your medal customising with your name & finish time?** Yes (£6 per race)  No

Custom engraved plaques are sent out 2-3 weeks after the event.

## Entry Details – Please fill out in block capitals

Full Name..... Gender.....

Age on Race Day.....DOB.....

Phone Number.....

Address.....

Postcode..... Email Address.....

Emergency Contact.....Phone.....

Affiliated Club..... (if applicable) Membership Number ..... (if applicable)

Postal Entries: Tom Room, Relish Running Races, 6 Hampton View, Bath, BA1 6JL.

Please make cheques payable to: Relish The Great Outdoors Ltd. Cashing of your cheque confirms your place in the race.

I declare that I am an amateur as defined by the UK Athletics rules. I will abide by the UK Athletics laws and rules. I understand that the organisers or any person(s) or organisation(s) involved in the event will not be held liable for any injury, illness or loss of property however occasioned resulting from the event. I give my permission for my details to be stored on computer in connection with my participation with the event and added to the Relish The Great Outdoors mailing list. I will not participate unless I am fit to do so. Entries are non refundable and non transferable between athletes. Entries can be transferred between races provided 72hrs notice is given before the race start. Signed by a parent or guardian if athlete under 18. Held under UKA rules.

Signed ..... Date .....