



The 7th Annual Shapwick Bunny Hop

Easter Monday, 21st April 2014, 10.30 a.m. start

A trail run of approximately 7.5 miles around the lanes and footpaths of Shapwick and Shapwick Heath. Collect your race number at Race HQ (Shapwick Village Hall), from 9 a.m. Race briefing 10.15 a.m.

Refreshments served afterwards and a donation from proceeds will be made to Save the Children. Limited car parking available.

Name	Address and postcode	
Age on Race Day (minimum age to run 16)		
Date of Birth	Email	
Club (if applicable)	Contact Number	
EA Registration No.	Emergency Contact during race	
Male <input type="checkbox"/>	Female <input type="checkbox"/>	
Declaration I am medically fit to participate in the event and understand that I enter at my own risk and that the organisers shall not be held responsible for any injury, illness, loss, damage, action, claim, costs or expenses that might arise as a result of my participation. I agree to abide by UKA Rules for Competition. I understand that my entry fee will not be refunded if I personally am unable to take part on the day. Under the Data Protection Act I agree to my details being stored electronically for the purpose of organising the Shapwick Bunny Hop.		
Signed		Date
Entry Fees before 17th April* Unaffiliated runners £10 UKA affiliated runners £8 I enclose a cheque (payable to Shapwick Runners)/cash for £_____		
(*Entries on the day an additional £2, subject to limit of 80 competitors not being reached)		
Please return your entry form and payment by 17 th April to Maria Allen, 9 Hoylake Road, Portsmouth, Hampshire, PO6 1BH (Tel: 07971 338801, email Maria.Allen@talk21.com)		

The Shapwick Bunny Hop is run under UKA rules. UKA Licence 2014-11391
Please Note that this year race numbers will *not* be sent out in advance. Confirmation of your entry and race details will be sent to you by email. Race numbers are to be collected at HQ on arrival.