

SUNDAY 12th JANUARY 2014

ROUGH 'N' TUMBLE

THE 10 MILE MULTI - TERRAIN RACE



Some come for the glory



some just for the cake

MILTON LILBOURNE VILLAGE HALL Nr MARLBOROUGH WILTSHIRE

Tough enough for the experienced off-roader and a real challenge for the novice

All abilities welcome

* Parking * Toilets * Refreshments (*Homemade Cakes The real deal*) * Memento * Results * Prizes *

FOR MORE INFO VISIT WWW.GRASSROOTSEVENTS.CO.UK

Entry Fee £ 10 (£12 unattached)

Enter online on www.runnersworld.co.uk/entry

Send your entry form with 9X4 SAE by 8/1/14 to Race Organiser, Stephen Goulding
1 The Sands, Woodborough, Pewsey, Wilts. SN9 5PR Tel. 07534997795 / 01672851670
Email gouldings@waitrose.com Cheques payable to Rough N Tumble 10

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Entry Form

ROUGH N TUMBLE

(Block Capitals Please)

Surname _____ **Forename** _____

Address _____

Post Code _____

Affiliated Club _____

EA Licence no. (if known) _____

Date of Birth _____

Age on race day _____

Sex: M/F

Telephone _____

Email _____

Declaration: I agree to abide by the UKA rules. I am medically fit to run and understand that I enter at my own risk and that the organisers will not be held responsible for any loss, damage, action, claim, injury or illness which may arise as a result of my participation. Minimum age: 16 years on race day. The organisers reserve the right to cancel the event due to unforeseen circumstances and entry fees are non-refundable and non-transferable even in the event of cancellation.

Signature _____

Date _____