FELL RACE, WALK



OR FAMILY WALK

Saturday 2nd November 2013



Start/Finish Langsett Barn. Grid Ref SE 210 004 Walk start 8am. Race start 10am. Families start 11am.

Minimum Entry Donation £10.00 (on the day £12.00)

FREE ENTRY WITH MINIMUM £30 SPONSORSHIP PLEDGE

For route descriptions go to www.grinnbearit.org.

Routes follow footpaths, bridleways and some open moorland. Route finding skills using route description, map and compass in poor weather conditions are essential. Appropriate clothing & footwear required.

Dogs not permitted (except on Family Route). O/S Outdoor Leisure Map No.1 Dark Peak Area 1:25 000

FREE HOT MEAL & DRINKS FOR ALL PARTICIPANTS

ENTRY FORM

To register online go to www.grinnbearit.org

Please send postal entries & fee to:

Sandra Simpson, 5 Mortimer Heights, Cubley, Penistone, Sheffield S36 9UY.

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l entries Fri 1st Nov 2013.	Cheques payable to:	Woodhead Mountair	n Rescue Team)
Walk 17km	Race 25km 🗌		
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		Male 🗌	Female 🗌
Emergency Tel No. 8	k Name		
entry)			
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•	orth 25% more	with Gift* 🗌	AIN
			SOLAND & MARIE
3	l entries Fri 1st Nov 2013. Walk 17km adult consent. Please (Emergency Tel No. 8 entry) and that neither the organisers nor the	l entries Fri 1st Nov 2013. Cheques payable to: Walk 17km Race 25km Adult consent. Please give D.O.B. Emergency Tel No. & Name entry) Ind that neither the organisers nor the landowners will be liable for make my donation worth 25% more	Adult consent. Please give D.O.B/

Signature of parent/guardian if entrant under 16 years

Event organised by Woodhead Mountain Rescue Team. Registered Charity No. 1137974.