



Changing lives one word at a time.

**GLENWOOD CANYON SHUFFLE
RACE FOR LITERACY
Saturday, October 5, 2013**

The Glenwood Canyon Shuffle Race for Literacy is a benefit for Literacy Outreach. Your participation helps support adult literacy in Garfield County.

REGISTRATION FORM

Please print and mail **OR** register on-line at www.RunningGuru.com for a nominal fee.

PLEASE PRINT LEGIBLY

RUNNER NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE (home): _____ PHONE (work or cell): _____

E-MAIL _____ AGE _____ MALE _____ FEMALE _____

EMERGENCY CONTACT _____

EMERGENCY CONTACT PHONE (home) _____ (work or cell) _____

AGE CATEGORIES

____ 15 and under ____ 26 - 35 ____ 46 - 55 ____ 66 and older
____ 16 - 25 ____ 36 - 45 ____ 56 - 65

ENTRY FEE includes one way cool long sleeve T-shirt!

____ Half Marathon \$35 ____ 5K - \$20

A late fee of \$5 per individual applies to entries received after September 29, 2013.

How did you hear about the Glenwood Canyon Shuffle? _____

TOTAL AMOUNT ENCLOSED: \$ _____

Send form & check or money order payable to:

Literacy Outreach, 1127 School Street, Glenwood Springs, CO 81601

WAIVER AND RELEASE

I, the undersigned, intending to be legally bound hereby, for myself, my heirs, executors and administrators, waive and release against any and all of my rights and claims for damages against the sponsors and organizers connected with this race (before, during and after the event). I am responsible for my own safety. I also give free use of my name and picture in any broadcast, telecast or print media account of this event. Entry fees are refundable only at race director's discretion. In signing this form, I acknowledge that I have read and fully understand my own liability and accept the restrictions.

Signature: _____ Date: _____
(Parent/Guardian if under 18)

All ages and levels of participation are welcomed! Transportation is provided to the race starting line so it is predominantly downhill to the finish but on a gentle grade.

DETAILS: Park at the race finish - No Name rest area, Exit 119 on Interstate 70, east of Glenwood Springs.

Half Marathon bus transportation to the race start will leave at 8:15 a.m. sharp - 5K at 9:30 a.m. Overflow parking is available for free at Glenwood Canyon Resort. Bus transportation is courtesy of Blue Sky Adventures and Roaring Fork Re-1 Transportation Department. Water and refreshments will be provided at rest areas and finish line. **AWARDS:** Award ceremony will begin approximately at 11:15 with 5K, followed by Half Marathon awards at 11:30 at the No Name rest area. **QUESTIONS?** Contact the race director at 970-945-5282 or via e-mail at literacyoutreach@rof.net.