

SALTAIRE SHAKER

<http://www.runsunday.com/saltaire-shaker-15k.php>

4TH AUGUST 2013 10:30 AM

A fast flat entirely offroad 15km race (approx)
with beautiful scenery and views
starting behind Saltaire Cricket Ground
next to Roberts Park. (BD17 7LU)

Run Under ARC rules on paths, tracks and canal towpath

Race Permit:13/315 Minimum Age 16 years

Race Limit 500

Prizes by five year categories
and first three male/female finishers*

(*Only one prize per entrant)

Memento for all finishers.



Entry fees: £10
(£12 unattached)
plus £1 surcharge on day

Race Charity
For every entry received
a £1 donation will be made
to Yorkshire Air Ambulance

Entry fees, once accepted,
are **NOT** refundable.
(Transfers allowed
with notification).

Postal Entries to: Chevin Forest Flyers, 9 Butts Terrace, Guiseley, Leeds
West Yorkshire LS20 9AZ

No SAE necessary. Pick up your number on the day

Cheques payable to Paul Shack. Closing dates: postal July 24th 2013, online August 2nd 2013

ENTRY FORM

SURNAME : _____ FIRST NAME : _____

ADDRESS : _____

POSTCODE : _____ E-MAIL ADDRESS: _____

AGE ON RACE DAY : _____ SEX: _____

For official use only

AFFILIATED CLUB : _____ RACE FEE ENCLOSED: £ _____

DECLARATION:

I declare that I am medically fit to run and that I enter the Saltaire Scamper entirely at my own risk.
I understand that the organisers or sponsors will in no way be responsible for any injury or illness
incurred during or as a result of the event, or for any property lost, stolen or damaged.
Minimum age for entry is 16 years.

SIGNATURE : _____ DATE : _____