

# NOTTS 5 ENTRY FORM

Race No.

Surname:



(For official use only)

First Name:

Date of Birth:

Age:

M / F

Affiliated Club:

UKA Reg. No.

Address:

Email:

Tel:

☐ 5m Entry fee £9 affiliated club member – minimum age 16 (Starts 7.30pm)

☐ 5m Entry fee £11 unaffiliated (Starts 7.30pm)

☐ 1m Fun Run £3 (Starts 7pm)

All entries on the day are £2 extra. Closing dates for postal entries is Thursday 18<sup>th</sup> July. Entries received after this date will be treated as on the day entries. No athlete transfers on the day.

Please make cheques payable to “**Notts 5**” & enclose an A5 S.A.E. for your entry number and race details. Amount enclosed  T-shirt size: S, M,L,XL ☐

Send entries to: Notts AC, Canterbury Mill, Canterbury Road, Radford, Nottingham. NG8 1PQ

To help our friends at The Riverbank please let us know if you will be staying for the presentation and food / drink after the race. Yes: ☐ No: ☐

## Declaration

I declare that the information given on this form is correct.

I agree not to hold the promoter / promoting body responsible in any way for injury or loss as a result of my participation in the Notts 5 or Fun Run.

Signed:

(If under 16 a Parent / Guardian must sign)

Date:



# ***Notts 5 Mile Road Race and 1 Mile Fun Run***

**Wednesday 24<sup>th</sup> July 2013 – Victoria Embankment, Nottingham**

- Now in its 20<sup>th</sup> Year
- New traffic free course for 2013
- 2 laps around the picturesque Embankment
- Event suitable for all standards of runners
- Flat course – Perfect for a P.B.
- Presentation at The Riverbank after the race
- Extensive prize list – Courtesy of The Riverbank & Notts AC
- Spot prizes
- T-shirt to every finisher
- FREE bottle of wine with every 2 bar meals purchased on the night from The Riverbank (on production of vest number)
- 1 Mile Fun Run at 7.00pm – Notts 5 starts at 7.30pm
- Online entry through Runners World, Run Britain & Notts AC

## ***Future Notts AC events***

Summer Coaching Camps for 8-15 year olds – Harvey Hadden  
Week commencing Monday 29<sup>th</sup> July 2013.

Notts AC Summer Open – Saturday 24<sup>th</sup> August 2013  
Harvey Hadden Stadium.

Christmas Relays – Friday 27<sup>th</sup> December 2013 – Wollaton Park.