



## ABOUT OUR FUND

The major goal of the Capital Region Special Surgery (CRSS) Race for Hope Fund at the Community Foundation for the Greater

Capital Region (CFGCR) is to make grants to not-for-profit organizations & programs, within the Capital Region's 12 counties, serving uninsured and underinsured patients who are experiencing a financial hardship related to a brain, head, or neck cancer diagnosis in the Capital Region.

## About Capital Region Special Surgery

[www.capitalregionspecialsurgery.com](http://www.capitalregionspecialsurgery.com)

Capital Region Special Surgery is a multidisciplinary, patient-centered medical group comprising the following Capital Region practices: **Neurosurgery, Ear, Nose and Throat, Ear Institute, Neurology, Pain Management, Sleep Wake, Physical Therapy, and Diagnostic Imaging.** The diverse needs of the people we help are matched by full range of services offered, under one roof, at our facility.

## REGISTER, DONATE, FUNDRAISE:

[www.raceforhopealbany.com](http://www.raceforhopealbany.com)

### By mail

CRSS Race for Hope 2013  
1220 New Scotland Road, Suite 204  
Slingerlands, NY 12159

### ENTRY FEES:

By August 31, 2013 - \$20

August 31-September 27, 2013 - \$25

Children 12 and under & Teams of 10 people or more - \$10  
PER PERSON

DAY OF RACE Registration—\$30

Mail-in registration ends Monday, Sept. 23, 2013 at 4P  
Online registration ends Friday, Sept. 27, 2013 at midnight

**\*\*No dogs or other pets allowed.\*\***

### PACKET PICK UP:

**September 23-27th, 2013 9am-4pm**  
at: Capital Region Special Surgery  
1220 New Scotland Road Suite 204  
Slingerlands, New York, 12159

Capital Region Special Surgery Race for Hope Fund is a component fund of The Community Foundation for the Greater Capital Region. A copy of The Community Foundation for the Greater Capital Region's latest annual report may be obtained, on request, by contacting the Community Foundation, Six Tower Place, Albany, NY 12203 or from the New York State Attorney General's Charities Bureau, 120 Broadway, 3<sup>rd</sup> Floor, New York, NY 10271.

Official Entry Form - CRSS Race for Hope  
Saturday, September 28, 2013 10am

ALL ENTRY FEES ARE NON-REFUNDABLE  
Checks payable to: CRSS Race for Hope @CFGCR

\_\_\_\_\_  
Last Name

\_\_\_\_\_  
First Name

\_\_\_\_\_  
Address 1

\_\_\_\_\_  
City State Zip

DOB (REQUIRED) \_\_\_\_/\_\_\_\_/\_\_\_\_ Sex (Circle one) M F

Email or phone (One is Required)

\_\_\_\_\_  
Are you part of a team?

\_\_\_\_\_  
TELL US Team Name **OR** Name of School

**DISCLAIMER** In consideration of the acceptance of my entry, I, on behalf of myself, my heirs, executors, administrators, and assignees, hereby release myself and discharge: Capital Region Neurosurgery LLC. and its affiliated practices, Community Foundation for the Capital Region, The State of New York, the City of Bethlehem, the County of Albany, the USA Track and Field as well as other sponsors or beneficiaries and their representatives, that I am physically fit and that my condition has been verified by a physician. I am aware that the medical support will be volunteer medical personnel who will be prepared to administer first aid assistance only. I hereby certify that I have read all the terms and conditions of this release and intend to be legally bound thereby.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Parent or Legal Guardian Signature if under 18

\_\_\_\_\_  
Date

**REGISTER Online:**

**[www.raceforhopealbany.com](http://www.raceforhopealbany.com)**

For paper entry, please  
complete this form and mail to:

Capital Region Special Surgery  
Race for Hope 2013  
1220 New Scotland Road, Suite 204

**With special thanks to:**

*Additional Sponsorships to be  
announced*



**Where do the  
dollars go?**

Since 2009, Capital Region Special Surgery  
has held three Race for Hope 5Ks annually.  
These events have raised \$175,000, of which  
every dollar has been allocated to  
fundraising, since all overhead costs are  
underwritten by Capital Region  
Special Surgery.

Thus far, proceeds have been allocated to two local  
501c3 organizations: Ronald McDonald House  
Charities of the Capital Region, Inc. and patient  
services at St. Peter's Cancer Care Center.

Funds granted to Ronald McDonald House Charities of  
the Capital Region have been earmarked to offset onsite  
program costs associated with mission services which  
provide a "home away from home" for families of seriously  
ill children receiving treatment at nearby hospitals.

Patient services at St. Peter's Cancer Care Center:

- Medication Co-pays
- Nutritional supplements and feeding products
- Grocery and Gas cards
- Outside physician/dental expenses (related to cancer diagnosis), respite care

**This event is dedicated to the inspiring and  
courageous Susan Britain and her family.**

**Questions**

Call 518-441-8570 or email  
[smahoney@capitalregionspecialsurgery.com](mailto:smahoney@capitalregionspecialsurgery.com)



**Saturday at 10am  
September 28, 2013**



**A 5K Run/Walk for  
those in the  
Capital Region  
with brain, head  
and neck cancers.**