

www.mainestatetriathlon.com



CHIP TIMING!
by Back 40 Timing

- 750 Meter Swim
- 24 K Bike
- 5.8 K Run

Prize Sponsors:



Maine State Triathlon
XXIII
BETHEL, MAINE 2013
and Aquabike

Sunday,
August 11, 2013
Bethel, Maine
 (560 Songo Pond Road,
 Albany Twp., Maine)

Presented by:



Organized by the Bethel Area
 Chamber of Commerce
www.mainestatetriathlon.com

PRESENTING SPONSOR:



Amenity Bag Sponsor:



Beverage Sponsor:



Running Leg Sponsor:



Biking Leg Sponsor:



Swim Leg Sponsor:

In honor of **Denny Bunn &**
 his enjoyment of the Bethel triathlon

The 22nd Annual Maine State Triathlon & Aquabike is a sprint distance event set on one of the most scenic courses in the east. Competitors will enjoy the natural beauty of the western mountains on the course which includes:

- 750 meter (.46/mile) swim in Songo Pond,
- 24k bike ride on scenic country roads,
- 5.8k cross-country run on paved & dirt roads.

Prizes will be awarded to:

- top 3 overall male & female finishers;
- top 3 place finishers in each division; and
- top 1 place team in each category (men's, women's, mixed) & Aquabike

Saturday, Aug. 10 - Check-in / packet pickup:

3:00-6:00 pm - Chamber office - 8 Station Place
7:00 pm: Recommended pre-race meeting

Sunday, August 11

6-7 am: Check-in (only if *not* checked in Sat.)
8 am: RACE START - Bethel Inn Lakehouse, 560 Songo Pond Road, Route 5/35 south of Bethel.
~ AWARDS CEREMONY immediately following the event across the street from the finish area.

Entry Fees

Individual:
\$69 received/postmarked on or before July 26/
\$79 after July 26*

Teams:
\$115 received/postmarked on or before July 26/
\$125 after July 26*

Aquabike:
\$69 received/postmarked on or before July 26/
\$79 after July 26*

NO SAME-DAY REGISTRATIONS

*Late registration does not guarantee race t-shirt.

Entry fee includes: Race t-shirt (performance fabric)
Post-race food ~ Awards ~ Give-a-ways!

All cancellations: \$10.00 handling fee.

NO REFUNDS within 2 weeks of event.

~ On-line registration at www.active.com ~

Race Rules

- No drafting, no walkmans, no swim aids.
- Wet suits are allowed.
- Must wear provided swim cap.
- BIKE HELMETS ARE MANDATORY.
- USAT rules & regulations apply. Check on-line at <http://tinyurl.com/USATrules>
- Parking: designated yards near lakehouse only.

For area information contact:

Bethel Area Chamber of Commerce

Phone: 207.824.2282

info@bethelmaine.com

www.bethelmaine.com

Volunteers wanted:

Do you know of anyone who would like to be a race VOLUNTEER? Call 207.824.2282
GET A FREE VOLUNTEER T-SHIRT!

Checklist!

- Did EACH participant complete the entry form and include an emergency contact?
- Did EACH participant sign release form?
- Did you check the correct division--
Novice, Athena, Clydesdale,
Regular, Aquabike, or Team?

Ask for an application for the
6th Annual Maine State Kids' Triathlon
Saturday, August 10, 2013

3:00 pm (the afternoon before the adult tri.)
• Ages 8-14 • Registration fee: \$25
100 yard swim / 3 mile cycle / 1 mile run

Purpose: to promote active participation in the aerobic sports of biking, swimming, and running. It is the hope that this event will foster an increased interest in overall health and exercise at an early age. This is an **UNTIMED** event. FMI: www.betheloutingclub.org

Lodging Host:



Rates start at \$93 for 2 people **NOT CONFIRMED**
/ \$10 for each additional guest

For reservations:

- Call: 888.224.8413/207.824.2808
- Online at: www.riverviewresort.com

Each spacious suite offers:

- 2 bedrooms (1 with queen/1 with 2 singles)
- Living Room/Dining Room
- Fully Equipped Kitchen
- Large Modern Bathroom
- Cable TV - Free Hi-speed Wi-Fi
- Room Telephones
- Adjustable air-conditioning - Electric Heat
- Linens, Housewares - Daily Maid Service
- Heated Indoor Pool & Hot Tub
- Canoes and kayaks available for guests

Why not plan to stay for the whole weekend!
Lots of outdoor activities in the Bethel area!

Saturday Triathlon Check-in
at the

Bethel Area Chamber of Commerce
Cross Street (behind movie theater)

~ **strongly recommended** ~
Saturday, August 10, 2013

3:00-6:00pm

(Some Sunday check-ins from **6-7AM only**,
can be accommodated,
only if there is a *serious* need.)

Recommended Saturday Tri Meeting
at the

Chamber of Commerce office,

Saturday, August 10, 2013
7:00pm

Each participant must complete this form & sign the waiver – mandatory!

Individual or

1st team member (swimmer)

Name: _____

Address: _____

City: _____

State _____ Zip _____

Email: _____

Phone: _____

Circle - Sex: M F

Age on 12/31/13: _____

T-shirt Size: circle one: WmS, WmM, MenS,

MenM, MenL, MenXL, MenXXL

2nd team member (cyclist)

Name: _____

Address: _____

City: _____

State _____ Zip _____

Email: _____

Phone: _____

Circle - Sex: M F

Age on 12/31/13: _____

T-shirt Size: circle one: WmS, WmM, MenS,

MenM, MenL, MenXL, MenXXL

3rd team member (runner)

Name: _____

Address: _____

City: _____

State _____ Zip _____

Email: _____

Phone: _____

Circle - Sex: M F

Age on 12/31/13: _____

T-shirt Size - circle one: WmS, WmM, MenS,

MenM, MenL, MenXL, MenXXL

2013 TRIATHLON ENTRY FORM

• **INDIVIDUAL DIVISIONS – check ONE!**

Regular (use age on December 31, 2013)

() 19 & under () 20-24 () 25-29

() 30-34 () 35-39 () 40-44

() 45-49 () 50-54 () 55-59

() 60+

or

() *Novice*

() *Athena* (women 150+ lbs.) Weight _____

() *Clydesdale* (men 200+ lbs.) Weight _____

• **or AQUABIKE DIVISIONS**

(Individuals only: swim/bike - no run)

() 39 & under () 40 & over

• **or TRI TEAM DIVISIONS** (check one)

() Male () Female () Mixed

Team Name (18 character/space limit):

Make checks payable to & mail to:

Bethel Area Chamber of Commerce

PO Box 1247

Bethel, ME 04217

OR Fax with credit card # to: 207.824.7123

MasterCard, Visa, AMEX, Discover

Card # _____

Expiration Date ____ / ____

FEES

Individual () \$69 by 7/26, () \$79 after 7/26

Team () \$115 by 7/26, () \$125 after 7/26

Aquabike () \$69 by 7/26, () \$79 after 7/26

⇒⇒ **Total enclosed \$** _____

⇒⇒ **MANDATORY**

In case of emergency, notify:

Name: _____

Phone: _____

Cell phone: _____

Emergency contact at race? Yes() No()

**RELEASE FROM LIABILITY & INDEMNIFICATION
(PLEASE READ BEFORE SIGNING)**

In consideration of my entry being accepted, I agree to waive and release the Bethel Area Chamber of Commerce, Oxford Networks, Back 40 Timing, The Bethel Inn Resort, Town of Bethel, all sponsors, cities, states and their assigns, successors, and agents from all claims of actions, costs, liabilities, expenses, or judgments including attorneys' fees and court costs arising out of my or my child's participation in the triathlon or any illness or injury resulting therefrom, and hereby agree to indemnify and hold harmless the above mentioned parties, their agents and assigns from and against any and all such claims whether caused by negligence or willful misconduct on the part of any of the aforementioned.

I UNDERSTAND AND AGREE THAT BY SIGNING THIS WAIVER, I AM FREEING THE ABOVE MENTIONED PARTIES, THE SPONSORS, THEIR EMPLOYEES, OFFICERS, AGENTS AND ASSIGNS FROM ANY LIABILITY RESULTING FROM MY OR MY CHILD'S PARTICIPATION IN THIS SPONSORED EVENT.

I RECOGNIZE THAT THE EVENT CAN BE DANGEROUS TO ME OR MY CHILD AND I ACCEPT THOSE DANGERS. I UNDERSTAND THAT IF I AM, OR MY CHILD IS INJURED, THIS WAIVER WILL BE USED AGAINST ME AND ANYONE ELSE CLAIMING DAMAGES BECAUSE OF MY OR MY CHILD'S INJURY IN ANY LEGAL ACTION.

I also understand that any photos taken of me or my family members at the triathlon may be used for Chamber purposes including, but not limited to: websites, print brochures, or newspaper advertising.

⇒⇒ I certify that I have personally read and understand this waiver & release AND the USAT rules and agree to them.

⇒⇒ ALL COMPETITORS AND **EACH** TEAM MEMBER MUST SIGN THIS WAIVER.

⇒⇒ **MANDATORY!**

1. _____

Athlete's signature (parent or guardian if under 18)

Print name _____

Date _____

2. _____

Athlete's signature (parent or guardian if under 18)

Print name _____

Date _____

3. _____

Athlete's signature (parent or guardian if under 18)

Print name _____

Date _____