

Support the ARTS!



JULY 20

Run. Walk. Dance!

This 1st ever Art n' Sole 5K Run, Walk & Festival is a fundraiser for the Uniontown Arts Fellowship (UAF)'s Phoenix Arts Center, whose mission is to restore hope, healing and life to our community through low to no cost cultural activities. The post race party is our annual Dance for Dreams Dance Festival in Storey Square!

SPONSORS

Want to be a SPONSOR for the Art n' Sole 5K Run, Walk AND Dance for Dreams Festival?

We have sponsorship opportunities for EVERY Budget from \$1 to Stage Sponsorship, in-kind donations and more!

Email uafphoenix@gmail.com to request a Sponsorship Form.

Schedule of Events

- 7:30 am Registration
- 8:30 am Kids' Race
- 9:00 am Runners' Start
- 9:01 am Walkers' Start
- 9:30 am - 4:00 pm **Post Race Party/Dance Festival Begins**
- 9:30 am - 10:30 am Yoga for Runners
- 9:30 am - 12:00 pm Race Shirt Tye-Dye Station Opens
- 10:30 am Art n' Sole Race Awards

10:30 am - 4:00 pm STAY for the Post-Race Dance Festival: Dance for Dreams Dance Festival (D4D)



- *Art, Running, Dance & Food Vendors
- *Yoga for Dancers, Zumba
- *Dance Lessons & Performances,
- *Learn FLASH MOB

*Dance for Dreams schedule of events is subject to change. Check the Dance for Dreams Dancefest & The Phoenix Arts Center Facebook Pages for updates.

Benefits Uniontown Arts Fellowship & The Phoenix Arts Center



ART n' Sole 5K & FESTIVAL JULY 20



Awards

Top 3 Male & Female Runners

Top 3 Male & Female Walkers

Runners' Age Group Awards

Walkers' Age Group Awards

Age Group Awards:

Under 13 | 14-19 | 20-29

30-39 | 40-49 | 50-59 | 60 & UP

First 50 kids in the Kids' Race will receive a special gift!

Awards will be **CREATIVE** and made by Local Artists!

Registration

*Early Registration - \$20 | Race-Day Registration - \$25

Ages 18 & under - \$5 Off | Kids' Race - Donations Welcome

All Registration Fees include entry to the Post Race Party:
Dance for Dreams Dancefest in Storey Square

Race Shirts are only guaranteed to Early Registrants.

***EARLY REGISTRATION DEADLINE:** June 28, 2013

RACE DAY REGISTRATION: 7:30 am in Storey Square

RETURN FORMS to:

UAF/The Phoenix, PO Box 444 | Uniontown, PA 15401
or by email to uafphoenix@gmail.com

MAKE CHECKS PAYABLE TO: Uniontown Arts Fellowship

JULY 20 | 9:00 am | Storey Square Start & Finish



Course Information @ "The Phoenix Arts Center" Facebook Page

TWEET us on Twitter: @UAFphoenix #Artn'Sole5K

RACE APPLICATION

Please PRINT Clearly

Name: _____ Race Day Age: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Runner Walker Kids' Race Gender: Male Female

T-Shirt Size: Small Medium Large X-Large

Waiver: In consideration of my entry into the Art n' Sole 5K held July 20, 2013, I the undersigned participant (or parent/guardian of participant) is legally bound by self, my heirs, executors and administrators to hold harmless and release forever all rights and claims for damages I may sustain affiliated with this race. I acknowledge the to my best ability that I am of good physical condition and am of adequate fitness to safely compete in this race. I further give permission for UAF/The Phoenix to add me to their email list and use my image and/or likeness in their promotional materials and social media. I have read this statement and agree to its terms.

Signature: _____ Date: _____

(Parent/Guardian Signature if under 18 yrs old)