Mudway Workman corner cupboard	britain
Winchcombe Hill Climb (10k approx)	
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forgeAbility Applicatio	n Form
	Green Room Therapies
Sunday 26 August 2012 Sudeley Castle, Winchcombe	
By kind permission of Lady Ashcombe. Licence No 2012-104141 UK Athletic Rules apply.	
Winchcombe Hill Climb (10k approx) - 10.30am start	
Multi-terrain route climbs over 650 feet to the Neolithic long barrow Belas Knap with spectacular views. Age 15 and over.	
Closing date for pre-entries: Friday 24 August. Entry fees:- In advance: £8 club affiliated, £10 unattached	
On the day: £10 club affiliated, £12 unattached (by 10am) LIMITED ENTRIES ON THE DAY—MAXIMUM 150 FOR 10k RUN	
KIDS 1k     Sudeley Fun Run (5k approx.) - 10.30am start	
10.00am START FOR CHILDREN UNDER 10	Suitable for all abilities and ages hildren under 13 to be accompanied by an adult
ENTRIES ON THE DAY ONLY: £1 MEDAL FOR ALL ENTRANTS	Entries on the day only - by 10am - £4
	For further information
Toilets, no showers. First Aid, drink station for 10k, marshalls on course, free parking. Prizes.	Email - run@winchcombeshow.org.uk www.winchcombeshow.org.uk
	Carole 01242 603661
Entry form for 10k only Name	Leave blank for office / Male/Female
Address	Date of birth
	Post Code
E-mail address	Affiliated Club
I enclose £ Emergency telephone number on the day	
Declaration: I declare that I am medically fit and understand that I run at my own risk and that the organisers will in no way be held responsible for injury, illness, accident or damage sustained by me as a consequence of my participation in the above event. I consent to my personal and/or medical details being released by the medical team to the race organiser in the event of a medical emergency. I understand that the course will close at 12 noon and course marshalls may leave their position at this time.	
Signed	
NB Parent/Guardian signature required for entrants under 18. Please return to; Mike Butler, Entries Secretary, 22 Hailes Street, Winchcombe, Glos, GL54 5HU By Friday 24th August	
Cheques payable to Winchcombe Flower Show Association Your entry will be acknowledged by e-mail only and race numbers will be provided on the day (Limited entries for 10k on the day up to 10.00am. Absolute maximum for 10k - 150)	