



SAINT ALBANS WEST VIRGINIA QUARTER MARATHON



PROCEEDS GO TO THE SAHS CROSS COUNTRY PROGRAMS



SAINT ALBANS FIRE DEPARTMENT
AUGUST 3, 2013 AT 8:00AM
RACE DAY REGISTRATION STARTS AT 7:00AM



START/FINISH: SAINT ALBANS FIRE DEPARTMENT ON 6TH AVENUE (PARKING IS PLENTIFUL)

ENTRY FEES			
Category	Pre Registered	By July 27	Race Day
Quarter Marathon	\$20	Guarantees your T-Shirt	\$25
NO REFUNDS OR TRANSFERS			
SEND ENTRY TO 4 MANHATTAN DRIVE, NITRO, WV 25143 OR SIGN UP ONLINE AT TRISTATERACER.COM!			



AWARDS (NO DUPLICATION)
TOP 3 MALE AND FEMALE OVERALL
TOP 2 IN EACH AGE DIVISION

SWARTZ
Law Offices, PLLC

Age Divisions:

1-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65+

Name: _____ Age on Race Day: _____ Gender: Male Female

Address: _____ City: _____ State: _____ Zip code: _____

Telephone: _____ Email: _____

Shirt size: S M L XL XXL Upgrade to a Tech T-Shirt (add \$10 to entry fee):

_____ I AM Enclosing an Additional \$ _____ to Help Sponsor SAHS CROSS COUNTRY PROGRAM

Total Amount of Check/Cash Enclosed: _____ Checks Payable to: SAHS (NOTE:SAXC)

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely compete the run. I assume all risks associated with running in this event, including but not limited to falls, contact with other participants, the effects of the weather (including cold weather and ice), traffic and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of the acceptance of my entry, I for myself, and anyone entitled to act on my behalf, waive and release the Saint Albans Quarter Marathon, race officials, volunteers and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

SIGNATURE: _____ DATE: _____
(PARENT OR GUARDIAN MUST SIGN IF PARTICIPANT IS UNDER 18 YEARS OF AGE)

RACE DIRECTOR- RICKY CAMPBELL VIA E-MAIL AT RICKY@TRISTATERACER.COM
SPONSORSHIP OPPORTUNITIES - MELISSA AGEE VIA E-MAIL AT MAA43009@GMAIL.COM

