

The Red Regiment of NorthWood High School

Announces the 5th Annual Race/Walk

May 11, 2013

Race time is 9:00 AM Registration Begins at 8:00 AM

Location is NorthWood High School

Located on the Corner of State Route 19 and CR 52 in Nappanee , Indiana

All proceeds from this event go to support the band and its members

The race starts and ends at the high school. Water will be available along the course. Restrooms are located at the school. The race cost is \$20 for entries received by April 30, 2013. The cost is \$25 for all entries made after April 30, including those made on race day. For additional information, e-mail Shelley Murphy at redregiment5K@gmail.com. Prizes will be available to the top male & female runner in multiple age categories. We are having a 5-K fun walk again this year as well. Please visit <http://redregiment5k.weebly.com/> for more information.

Please complete the following entry form and send a check for \$20 (if you are mailing this by 4-30-2013) made payable to the NorthWood Bands. *Mail to: Red Regiment 5-K, Shelley Murphy, Director, 303 N. Hartman St. Nappanee, IN 46550.*

First Name _____ Last Name _____ Age _____ Sex _____
Street Address _____ City _____ State _____ Zip _____
Phone _____ e-mail _____

Shirt Size: S _ M _ L _ XL _ 2XL _

5K Run _____ 5K Walk _____

PLEASE READ AND AGREE TO WAIVER

RELEASE AND INDEMNITY FORM

Read carefully before signing. Incomplete, illegible or unsigned entry forms will be returned. In consideration of the foregoing, I for myself, my heirs, executors, administrators, personal representatives, successors and assigns, waive and release any and all rights, claims, and causes of action I have or may have against the NorthWood Bands, NorthWood High School, any and all sponsors, their representatives and successors, that may arise as a result of my participation in this event. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event. Further, I hereby grant full permission to any and all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose, including commercial advertising.

Signature _____ Date _____

Adult Signature is required if the above is under 18 years _____