



**Bolton United Harriers & A.C.**  
present their FIRST



# LAST DROP LOOP

**Saturday, 11th May 2013**

Starting at 1pm

**Last Drop Village**

**Hospital Road, Bromley Cross, Bolton, BL7 9PZ**



FRA Permit No.: pending

**COURSE:** A demanding brand new fell run, crossing woodland and the high moorland of the Pennines overlooking Bolton.

FRA Race Category **BS**

## \*\*\*\* NEW FELL RACE \*\*\*\*

### Entry Conditions

Entry Fees: £6 Pre-entry  
£8 On day  
No refunds/deferrals/transfers.  
Minimum age: strictly 18.  
Race limit: 250.

### Race Conditions

Marked parts of course MUST be followed.  
Marshals at checkpoints.  
Retirements MUST report to a checkpoint marshal OR official at finish.  
Appropriate footwear essential.

### LDL Prizes\*

1st 3 Open Age (Male & Female).  
1st o/40, o/50 & o/60 Vets (M&F).

\*One individual prize per person. Race is in age category, except main race. All prizes at discretion of Race Committee. There may be more prizes (categories and teams) dependant on the number of race entrants.

**8.4km (5.5mi) - 225m (740ft)**

Distance Ascent

[www.boltonunitedharriers.co.uk](http://www.boltonunitedharriers.co.uk)

as part of the  
**Bromley Cross Summer Fayre**

Supported by:



**sweatshop**  
WE KNOW RUNNING

**CHORLEY - PR6 8AB**

and



**greenhalgh's**  
irresistibly better baking



### Route Info

1. Start/finish at the helipad (OS grid ref - [E287] 722141)
2. Diagonal N over field by disused quarry (719147) and Turton Golf Club
3. Track anti-clockwise by Torra Barn to 727156 by lower path
4. Rise W up Cheetham Close hill (719155) then descend N by Witton Weavers Way to pylon wall (714168)
5. Cross Turton Heights SW to 706163
6. Dogleg along Rotary Way past Horridge's, New Butterworth (714150) and Little Stanrose farms back to start

### Parking & Day Info

Registration HQ on car park.

LIMITED parking at Fayre. Use

Ousel Nest [Upper Jumbles] car park (BL7 9AJ - 500m walk) OR FREE Park&Ride from Turton High School (BL7 9LT).

**Bromley Cross Summer Fayre**

Open 11am-5pm.

Stalls, refreshments and entertainment for all the family... why not bring them along?

### Mail entry form and fee to:

LAST DROP LOOP FR  
70 RAMWELLS BROW  
BROMLEY CROSS  
BOLTON  
BL7 9LQ

Cheques payable to:  
"Bolton United Harriers & AC"

Postal entry closing date: 4th May.

### No SAE required.

Race details available by email, and will only be sent out (by SAE) if no email is provided.

Please use BLOCK CAPITALS

Surname: \_\_\_\_\_ Forename: \_\_\_\_\_

Address: \_\_\_\_\_

Post Code: \_\_\_\_\_ DoB: \_\_\_\_\_ Age On Race Day: \_\_\_\_\_ Sex: M / F

Email: \_\_\_\_\_ (DD/MM/YY) Min. Age: 18 (Please delete)

(For personal running details and further race info) \*\*Please use BLOCK CAPITALS for easy identification!\*\*

Club: \_\_\_\_\_ Mobile: 0 7 \_\_\_\_\_

Emergency Contact PERSON: \_\_\_\_\_ Emergency Contact PHONE: 0 1 \_\_\_\_\_

Medical Conditions: None Known | Yes: \_\_\_\_\_ Vehicle Registration: \_\_\_\_\_

(Please delete. If yes, in case of First Aid emergency, please indicate e.g. asthma, or allergy to a drug e.g. Penicillin)

I understand that this race is held in accordance with both the Rules and Safety Requirements of the FRA. I confirm that I am aware of the organiser's information and requirements in connection with this race. I accept the hazards involved in fell running and acknowledge that I am entering and running this race at my own risk. Other than the organiser's liability for causing death or personal injury by negligence, I confirm that I understand that the organiser accepts no liability to me for any loss or damage of any nature to myself or property arising out of my participation in this race.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Admin use  
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