

# The Wellington Ten

**10 Miles?**

**10 Kilometres? = You Choose**

Wellington Rugby Club

Corams Lane, Wellington, TA21 8LL

**Sunday 14<sup>th</sup> July 2013**

**10.30am**

[www.thewellingtonten.co.uk](http://www.thewellingtonten.co.uk)



The two courses will be exactly the same as last year, giving you the opportunity to compare times. Both races follow similar routes, starting at the Rugby Club and running along country roads through beautiful Somerset countryside. The two distances join again for the finish back at the Rugby Club.

## And after the run - A Party!!!

The Rugby Club bar will be open, several hot food outlets will be available. A Samba Band will set you off and For the children there will be Face Painting, Bouncy Castle and Ice Cream.

- All finishers will receive a really nice T-shirt.
- There should be plenty of parking at the Rugby Club and surrounding areas.
- Awards for Open and Veteran categories in both events.
- Showers, Toilets, Water stations, Mile markers, we have the lot.
- Event held under UKA rules, (licence No: 2011-101388).
- All proceeds from the day will go to local charities.



Kindly Sponsored By:



# Entry Form



Please Note:  
1 Entry Form per Person  
Photocopies allowed

For Office use only

Please write clearly in CAPITAL LETTERS

uk:athletics  Licence Number 2012-104017

<b>Surname:</b>	<b>Forename:</b>
<b>DOB:</b> / / <b>Age on Race Day:</b>	<b>Male—Female *</b>
<b>Running Club:</b>	
<b>Affiliated : Yes No *</b>	<b>Affiliated Number:</b>
<b>Address:</b>	
<b>Postcode:</b>	<b>Tel:</b>
<b>E-mail:</b>	

## Race Entered

UK Athletics Age Limits: 10K 15 years and over, 10 Mile 16 Years and over.

10 Miles     10 Kilometres    Under 18? Parent Signature Required.....

- Entry Fee: **£15** UKA Affiliated / **£17** Unaffiliated    Affiliation Number
- **On line Entry** - Please add **£1.50** to offset additional costs. ([www.thewellingtonten.co.uk](http://www.thewellingtonten.co.uk))
- Donation to The Albemarle Centre: (Charity No: 285867) £ \_\_\_\_\_    **Gift Aid - Please Tick**
- Gift \_\_\_\_\_
- I certify that I have paid sufficient UK Income/Capital Gains tax to offset this donation
- The Albemarle Centre is a local charity that caters for all the disadvantaged groups in the area.
- **Total Amount for Cheque or Pay Pal**    £ \_\_\_\_\_

T-shirt Size :    **small - medlum - large - Xlarge \***

\* Circle as appropriate

Please send Entry Form and **SAE (A5)** to: Race Secretary, The Albemarle Centre, Albemarle Road, Taunton. TA1 1BA  
Cheque payable to: The Albemarle Centre - **LAST POSTAL ENTRY : Thursday 11th July 2013**

<u>Fee Enclosed</u> £	<u>Signature</u>	<u>Date</u>
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### Declaration :

I agree to abide by the rules of competition of UK Athletics and the local rules. I participate in The Wellington Ten run entirely at my own risk and agree that the organisers/hosts will not be held responsible for any injury, illness, loss or damage to me or my property which I may sustain in the course of, or as a result of the event.

### Data Protection Act :

By submitting this entry, I agree that the organisers may store my entry details and results on computer disc for the purpose of event administration, and share e-mail addresses with selected partners or sponsors.     Tick to opt out

Any problems or queries, please contact [racese secretary@thewellingtonten.co.uk](mailto:racese secretary@thewellingtonten.co.uk) or Steve Johnson on **01823 252945**