



*Athletes for the Arts*

*Presents the 4th Annual*

# Volcano Rain Forest Runs

## Half Marathon, 10K & 5K

### August 17, 2013 - Volcano, Hawai'i

**Entry Fees:**      ½ Marathon - \$65    10K - \$40    5K - \$25    Fees are non refundable for any reason,  
**After June 1, 2013:**    ½ Marathon - \$75    10K - \$45    5K - \$30    including cancelation due to natural disasters.  
**After Aug. 1, 2013:**    ½ Marathon - \$85    10K - \$50    5K - \$35    This event is just minutes from Hawaii Volcanoes Nat'l Park

**Late Registration and packet pick-up:** Friday, August 16th, at Niauani Campus in Volcano Village 10:00am - 6:00pm.  
 There is no race day registration for the 1/2 Marathon. You may pick up your race number from 5:30am until race start.  
 10K & 5K can register race day until 7:00am. (T-shirts are not guaranteed for late entries)

**Courses:** All runs start and finish at Cooper Center on Wright Road in the heart of Volcano Village and traverse the quaint village roads through the beautiful native rain forest and ranch lands with stunning views of Mauna Kea and Mauna Loa in the distance.

**Aid Stations:** Located every 1 to 1.25 miles - stocked with water, ice and Ultima Replacement fluid [www.ultimareplenisher.com](http://www.ultimareplenisher.com)

**Start Times:**    ½ Marathon – 7:00 am      10K Run – 7:30 am      5K Run/Walk – 7:45 am

**Award Presentations: 10:30 am**    **Art Awards:** Top 3 Male & Female for the Half Marathon, Overall Winners for the 10K & 5K, and Top 2 M/F in each 10 yr age division for all 3 events. Note: The 5K will have additional awards for the 8 & under, 9-13, and 14-19 age groups. **Military Division:** Top Male & Female in all 3 races.

Free Keiki Runs – 10:00 am      1-4 yrs old – 100 Yd Dash  
 5-7 yrs old – 200 Yd Dash

Rain Forest Grill Lunch – Race Day 8/17: # of lunches \_\_\_\_\_ X \$8.00 = \$ \_\_\_\_\_

Event information and *online registration* can be found at: [www.rainforestruns.com](http://www.rainforestruns.com)

Last \_\_\_\_\_ First \_\_\_\_\_ Sex: M F  
Circle one

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Phone \_\_\_\_\_ Birth Date \_\_\_\_\_ Age on Race Day \_\_\_\_\_  
month / day / year

Email: \_\_\_\_\_

Circle Race:    ½ Marathon      10K Run      5K Run/Walk

Circle for Military Division: **yes** (Awards top M/F in each race)

Circle T-Shirt Size:    S    M    L    XL    XXL

**Entry Fee**            \$ \_\_\_\_\_  
 Grill Lunch            \$ \_\_\_\_\_  
 Donation to VAC        \$ \_\_\_\_\_  
**TOTAL**                \$ \_\_\_\_\_

Checks Payable to: **Athletes for the Arts**  
 Mail entries to:            **Sharron Faff – Race Director**  
 last day to mail: 8/13            **PO Box 326**  
                                                  **Volcano, HI 96785**

To Volunteer or for Information (808) 967-8240 or VAC (808)967-8222  
[raceinfo@volcanoartcenter.org](mailto:raceinfo@volcanoartcenter.org)

Waiver: I am participating in the Volcano Art Center Rain Forest Runs - ½ Marathon, 10K or 5K and I agree to comply with the rules, regulations and event instructions. I understand that participating in a road race is a potentially hazardous activity and can result in serious injury or death. I am aware of and I expressly assume all inherent risks associated with participating in this event, including, but not limited to: falls, contact with other participants, and objects, the effects of weather, including high heat and humidity, traffic, and the conditions of the road. In consideration of your accepting this entry, I for myself and anyone entitled to act on my behalf waive and release from any and all claims for injuries and damages I may have against the Volcano Art Center, sponsors, State of Hawaii, County of Hawaii, the United States of America, their agents and representatives caused by the negligence of any of them arising out of my participation in this event, including pre and post race activities. I attest that I am physically fit and have sufficiently trained for completion of the event. I consent to receive medical treatment which may be advisable in the event of illness or injuries suffered by me during this event, and I agree to pay for the costs of my medical treatment. I give permission for the free use of my name, voice or picture in any broadcast, telecast, advertising promotion or other account of this event. I agree that electronic submission of this application constitutes agreement to all the terms of this waiver and release statement. I understand that any and all fees paid by me in association with this event are non-refundable.

Signature of Entrant (If entrant is under 18 years of age, signature of parent or guardian)

Date