

# Resolution

## 5K/10K/15K

The entry fee is £12.50 per person, this entry includes an event t-shirt. Entry forms will only be accepted with the completed and signed disclaimer. For further information please call **0161 742 7485** or send the entry form to:

Stroke Association, Events Team,  
6th Floor, St James House, Pendleton Way,  
Salford, M6 5FW  
**Email:** resolution@stroke.org.uk

### Please select your venue/distance:

#### Venue

- Delemere Forest, Chester  
 Victoria Park, Southport  
 Heaton Park, Manchester

#### Distance

- 5K  10K  
 5K  
 5K  10K  15K

Title: \_\_\_\_\_ First name: \_\_\_\_\_

Surname: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Employer: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

**T-shirt / vest size:** S  M  L  XL

How did you hear about this event?  
\_\_\_\_\_

### FUNDRAISING

Stroke is the UK's third biggest killer and leading cause of disability amongst adults. Your entry fee does not include a donation, so every pound you raise in sponsorship helps us to work towards a future with fewer strokes, where all those affected get the help they need.

How much are you aiming to raise for Stroke Association? (This is only a target and will not be charged as part of your entry fee but assists us in planning how we can support the 150,000 people affected by stroke each year).

Target £ \_\_\_\_\_ e.g. £100

Are you participating in this event in memory of someone?  
(If 'Yes' and you would like to tell us their name please do so below)

\_\_\_\_\_

[stroke.org.uk](http://stroke.org.uk)

### Alternative Entry

The alternative entry fee is £15, this upgrades your entry from a t-shirt to a running vest. Would you like to upgrade your entry?  
Yes  No

### ENTRY FEE PAYMENT (please note this is non-refundable)

- I enclose a cheque/postal order for £12.50/£15 made payable to the 'Stroke Association'  
 Please debit £12.50 from my debit/credit card  
Type: Visa / Mastercard / Maestro (please delete as appropriate)  
 Please debit £15 (alternative entry fee) from my debit/credit card  
Type: Visa / Mastercard / Maestro (please delete as appropriate)

Card Number:

Security Code: (last 3 digits on signature strip)

Start Date: /  Expiry Date: /

Issue No: (Switch only)

Card Holder's Name:

(As printed on the card)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Registered card address: (if different to address given opposite)

\_\_\_\_\_

### DISCLAIMER AND TERMS & CONDITIONS

- By completing this form you are agreeing to the rules of this disclaimer notice.
- All participants should satisfy themselves that they are fit to take part before entering the event. If you have any doubts, please refer to your GP.
  - The organisers reserve the right to prohibit individuals from taking part.
  - Participants must follow the instructions of the organisers or their appointed agents at all times.
  - Participants must not be under the influence of alcohol or any other substances.
  - The minimum age for participants is 16.
  - If participants are taking medication which could cause drowsiness, or other side effects please seek medical advice before completing the entry form.

### CANCELLATION POLICY

- No refunds can be given however named substitutions will be accepted.
- Stroke Association reserves the right to change the publicised route at any point up to the day of the event.
- Participants permit the Stroke Association to use any photographs taken during the races for any advertising or editorial purposes, including on the worldwide web.
- Stroke Association will take reasonable care to ensure that the event is conducted in a safe manner. Liability cannot be accepted for any damage, injury or loss arising from the negligence of participants (whether through failure to observe the rules of the event or otherwise).

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

### DATA PROTECTION

- Stroke Association would like to keep you informed about the work we are helping to make possible. If you would prefer us not to contact you, please tick this box.  
 We will sometimes allow other organisations whose aims are in sympathy with our own to contact our supporters. If you do not wish to hear from these organisations, please tick this box.  
 If you would be happy to receive information about Stroke Association's work by email, please tick this box.  
 We are committed to protecting the environment, therefore where possible all information will be available to download. Please tick this box if you are happy to download all the information.

**Stroke**  
association