

BankTrust First Light Marathon

January 13, 2013 • Mobile, Alabama



lt BankTrust™

FIRST LIGHT

MARATHON
MOBILE • ALABAMA

Join us in Mobile, Alabama on January 13, 2013 as the BankTrust First Light Marathon winds through this exciting port city's historic neighborhoods. Coordinated by L'Arche Mobile Foundation, the event consists of a full marathon, a half marathon, a five-person relay and a 1.2 mile fun run for both runners and walkers.

12th ANNIVERSARY

Date: Sunday, January 13, 2013

Time: 7:30 AM Marathon
Half Marathon
& 5-Person Relay

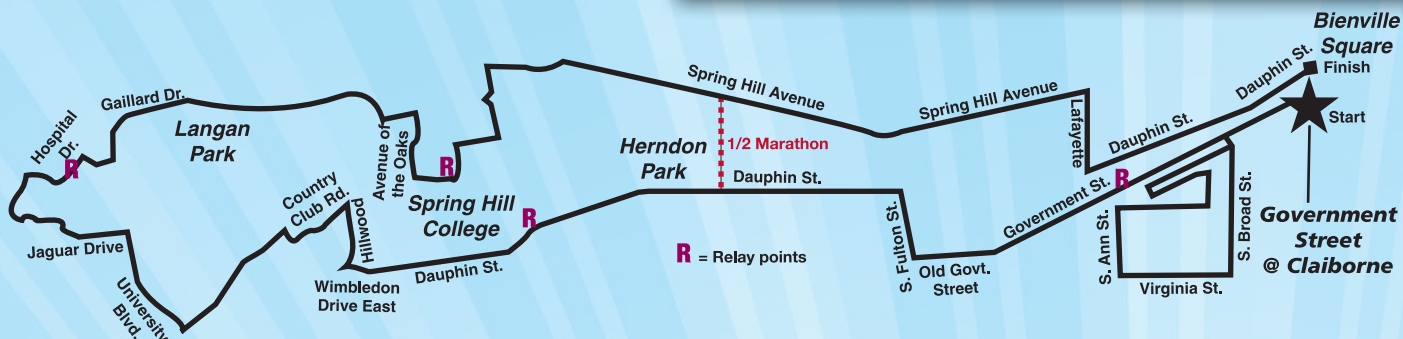
Packet Pickup:

Atrium of Government Plaza
Saturday, January 12
12 noon – 8:00 PM
Sunday, January 13
6:00 AM – 7:15 AM
(pickup only)

*Mail-in registration must be postmarked by
December 31, 2012*

251-438-2094

www.FirstLightMarathon.com



This beautiful course is a USATF-certified 26.2-mile Boston Qualifier course. The half marathon course is also USATF certified. Run beneath a canopy of moss-draped live oaks past stately Southern mansions as the course winds from downtown through the heart of historic Mobile. The course continues through midtown and scenic Spring Hill, then ends at Bienville Square.

www.FirstLightMarathon.com

Sponsored by BankTrust, member FDIC



Download detailed maps
and registration forms at
www.FirstLightMarathon.com

RACE DETAILS

Packet Pickup

Atrium of Government Plaza

Saturday, January 12, 2013

Noon – 8:00 PM

Sunday, January 13, 2013

6:00 AM – 7:15 AM (pickup only)

Pre-Race Pasta Party

Saturday, January 12, 2013

5:00 – 6:30 PM

Atrium of Government Plaza

Free to runners, guests \$5.00

Entertainment/ Course Support

Entertainers will perform on the course and at a Post Race Gala. Volunteers will mobilize community members to work aid and water stations.

Perks

- Tech T-shirt for marathon, half marathon and relay entrants
- Special room rates
- Pre and Post-race Food & Concert
- Cammie's Old Dutch Ice Cream in the park
- Finishers receive a medallion decorated by L'Arche members



Five Points of Life Kids Marathon

LifeSouth Community Blood Centers is proud to partner with the BankTrust First Light Marathon by organizing The Five Points of Life Kids Marathon program. The program has two goals:

1. provide a safe, family-oriented, healthy event for children in elementary and middle schools; and
2. increase awareness of the five ways to share life through the donation of blood, bone marrow, cord blood, organs and tissues. Children who participate in the program will run a total of 25 miles in the weeks leading up to the BankTrust First Light Marathon. The last 1.2 miles will be completed on January 13, 2013 at the BankTrust First Light Marathon Fun Run. Each child will receive a finisher's medallion, a sense of pride in their accomplishment and, hopefully, a thirst to continue to exercise regularly.

Relay Event

Can't run a marathon? How about five miles? To organize a five-person relay team running/walking the marathon, please visit FirstLightMarathon.com for a Relay application. Become part of the hoopla, team costumes are welcomed.

Requirements

The course is USATF certified (Code AL 04011 JD). Runners should meet the following criteria:

- Must complete the course in seven hours or less (16 minutes per mile)
- Must be in good health
- Must have ID in order to get your race number (race numbers required to participate)
- The half-marathon course is also USATF certified (Code AL 08003 JD) and all rules apply.
- For the safety of all and in accordance with USATF regulations, strollers, pets, headphones and headsets are prohibited.

Start Time

Sunday, 7:30 AM

The Marathon, Half-Marathon and Relay begin on Government Street at Claiborne Street at 7:30 AM The 1.2-mile fun run begins at 2:00 PM on St. Francis at Conception Street.

Awards Ceremony

Sunday, 2:30 PM

Marathon and Half Marathon awards will be presented to the top 10 overall winners, top five winners in the categories — masters, grand masters, senior grandmasters, race walkers, the top three winners in age groups beginning with 16 - 19 and every fifth year thereafter and a 15 and under category for the half marathon. Relay awards will be presented to the top three teams in the open, masters, grand masters, senior grand masters, organization, race walker, high school and grade school divisions. Each division includes male, female, and coed categories (grade school is limited to the coed category). Awards are hand-painted canvases by community members of L'Arche Mobile.



Support the winning team at L'ARCHE

Our race medallions, ranked 10th out of all U.S. marathons for 2010 by Marathon & Beyond Magazine, were called a "precious commodity" because they are made with the help of members of L'Arche Mobile, a community where people with intellectual disabilities share life as a family. Proceeds from this event help L'Arche create homes which nurture faithful relationships based on forgiveness and celebration. Raise money for L'Arche through our sponsor program — free marathon entry and other exciting awards and other benefits.

Contact L'Arche Mobile for information at 251-438-2094.

Find out more about Mobile

You'll love our 300-year-old port city. Mobile Bay's unique attractions, exciting outdoor adventures, fresh delicious seafood, Delta excursions, fascinating museums, twenty-one world-class golf courses, white sandy beaches, and beautiful historic homes make the possibilities endless.

- Mobile Bay Convention & Visitors Bureau: www.mobile.org
- City of Mobile: www.cityofmobile.org

Partnerships

- Go Back-to-Back with Mississippi Blues Marathon in Jackson for a 20% registration discount on both events.
- 50 Staters receive 20% registration discount on full or half marathon.

BankTrust First Light Marathon – January 13, 2013

Please print to fill this form out completely and clearly
Online registration available at MarathonGuide.com

For additional information, call 251-438-2094 Entry fees nonrefundable

Last Name

First Name Middle Initial

Age on 1/13/2013 Female Male Date of Birth Zip Code -

Address APT#

City State

Country E-mail

Home Phone - - Cell or Work Phone - -

Event *Check One Only*

Marathon Half Marathon 1.2 Mile Relay (Relay teams must submit a team roster.)

LifeSouth Kids Marathon 1.2 mile run (K-8)

Team Name _____

School Name _____

Category *Check One Only*

Runner/Walker Wheelchair Racewalker

Tech T-Shirt *Check One Only* Included w/ Registration Fee Cotton T-Shirt for 1.2 (Shirt size guaranteed if received by 12/31/12)

YS YM YL Small Medium Large X-Large XX-Large

DRUG STATEMENT: Athletes who participate in this competition may be subject to formal drug testing in accordance with USA Track & Field regulation 10 and IAAF Rule 53. Athletes found positive for banned substances, or who refuse to be tested, will be disqualified from this event, and will lose eligibility for future competitions. **SOME OVER-THE-COUNTER MEDICATIONS MAY CONTAIN BANNED SUBSTANCES.**

RELEASE FORM: I know that running a road race is a potentially hazardous activity that might cause personal injury or even death. I attest and verify that I am medically able and properly trained to enter and to complete this event. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all the risks associated with running in this event including, but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic and conditions of the road/bridges, all such risks being known and appreciated by me. In consideration of the L'Arche Mobile Foundation (LMF), its sponsors, agents, servants, representatives, licensees, contractors, successors, and assigns organizing and conducting the First Light Marathon (Road Race) held on January 13, 2013, and allowing me to participate and run in said race. I hereby waive, release and discharge forever said LMF and its sponsors, agents, servants, representatives, licensees, contractors, successors, and assigns from any and all claims, demands, rights and causes of action of whatsoever kind and nature arising, directly or indirectly, from any and all known and unknown, foreseen and unforeseen, bodily and personal injury, damage to property, and the consequences thereof resulting from my running and/or participating said Road Race, and Covenant Not to Sue for any said injuries and/or damage. I understand all entries are final, with not refunds, and that the race organizers reserve the right in the event of an emergency or local or national disaster to cancel the race or to change the day and/or time of the event and that there is no refund of entry fees. I give permission for the use of name and/or picture for any broadcast, telecast or other account of this event. All forms must be signed - incomplete, unsigned forms will not be accepted.

Signature _____ Date _____

Parent (Guardian) _____ if under 18, the signature of parent/guardian is also required.

Please Mark Your Payment	Received by October 1, 2012	Received by January 7, 2013	Received After January 7, 2013
Full Marathon	\$55 <input type="checkbox"/>	\$70 <input type="checkbox"/>	\$85 <input type="checkbox"/>
Half Marathon	\$40 <input type="checkbox"/>	\$45 <input type="checkbox"/>	\$50 <input type="checkbox"/>
5-Person Relay	\$150 <input type="checkbox"/>	\$165 <input type="checkbox"/>	\$195 <input type="checkbox"/>
1.2 Mile Fun Run (Cotton T-Shirt, Meal not included) (over 18 add \$2 for 1.2 mile run)	\$8 <input type="checkbox"/>	\$10 <input type="checkbox"/>	\$12 <input type="checkbox"/>
LifeSouth Kids Marathon (K-9)	Free <input type="checkbox"/>	\$5 <input type="checkbox"/>	\$10 <input type="checkbox"/>
1.2 Mile Fun Run (Cotton T-Shirt, meal not included)			
Fun Run Meal(s) _____ @ \$5 Each			
Back-to-Back Mississippi Blues <input type="checkbox"/>		50 Staters <input type="checkbox"/>	

Please Enter Totals Below	
Entry Fee	\$
Extra Meal	\$
Fun Run Meal	\$
Total Payment	\$

Would you like to receive the complimentary meals? (Please check your answer)

Pre-Race Meal Yes No Additional tickets: _____ @ \$5 each

Post-Race Meal Yes No Additional tickets: _____ @ \$5 each

Make checks payable to: **L'Arche Mobile Foundation**
Mail application and fees to: **L'Arche Mobile Foundation; First Light Marathon; 151 S. Ann Street; Mobile, AL 36604**
www.FirstLightMarathon.com