



Nichols Improvement Association (NIA)
23rd Annual



JINGLE BELL RUN

SATURDAY, DECEMBER 1, 2012 @ 9:30 AM

Join us as the NIA sponsors this annual holiday classic, on a scenic 5K course through the heart of the Nichols community, with one of the best race finishes in Fairfield County.

ENTRY FEES: \$20 (Pre-Registered by November 28th) — \$25 After 11/28/2012

Come Dressed to Run — No Indoor Changing Facilities

HIGHLIGHTS: Long-Sleeve Multi-Colored Holiday T-Shirts to all participants who Pre-Register By November 30th

(a tech-dri version of the race shirt is also available, for an additional \$10)

Early Pick-Up — Friday 11/30/2012 @ the Starkweather House

(corner of Unity Road & Route 108) between 5:30pm—8:30pm

Food & refreshments at the conclusion of the race

KIDS RACE: Jingle Bell Jr. - Kids "Fire to the Finish" (FREE!)

(Kids race is about 1/3 mile and starts @ 9:15am)

DIRECTIONS: Route 15 (Merritt Parkway) North - Exit 51 (follow to Route 108 North)

Route 15 (Merritt Parkway) South - Exit 52 (follow to Route 108 North)

Route 8 North - Exit 8 (left off exit, left onto Route 108 North)

Route 8 South - Exit 11 (left off exit, follow straight for 1.5 miles)

From all routes proceed to the Nichols Green (35 Shelton Road, Trumbull, Ct. 06611)

REGISTER ONLINE

Get race info & register online @ www.niajinglebellrun.com

RACE SPONSORS ARE ALWAYS WELCOME!!!!

To become a sponsor, or with any Jingle Bell Run questions, contact Fred Palmieri (fpalmieri6134@earthlink.net)

In consideration of acceptance of this entry into the Jingle Bell Run, I the undersigned, intending to be legally bound, do hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the race director and officials, the Town of Trumbull, the Nichols Improvement Association, Fred Palmieri, and any and all race sponsors and supporters, volunteers, their agents, successors and assigns, for any and all injuries suffered by me in said event. I assume all risks with entering this event, including but not limited to falls, contact with other participants, effects of weather (including cold, snow and ice), traffic and the condition of the road, with all such risks being known and appreciated by me. I attest and verify that I am physically fit and sufficiently trained for the completion of this event, and that my physical condition has been verified by a licensed Medical Doctor within the last six (6) months. Further, I hereby grant full permission to any and all the foregoing to use my photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purposes without compensation.

LAST NAME		FIRST NAME	
STREET ADDRESS		E-MAIL ADDRESS	
CITY, STATE, ZIP CODE		PHONE NUMBER	
GENDER (MALE/FEMALE)	DATE OF BIRTH	AGE ON RACE DAY	T-SHIRT SIZE (S/M/L/XL)
SIGNATURE (PARENT/GUARDIAN MUST SIGN IF MINOR)			