

# ST WILFRID'S MUDDY BOOTS 10K AND



License No. 2013-104684

Under UKA Rules

PROMOTING BODY: RIPON RUNNERS

Registered Charity No. 1057684



## "THE GOLDEN MILE" FUN RUN

Sunday 10<sup>th</sup> February 2013

At St Wilfrid's R C Primary School, Church Lane, Ripon, HG4 2ES

10k Starts 11.00am

Fun Run Starts 10.00am

The Muddy Boots is a 10k race which starts & finishes at St Wilfrid's school. It incorporates a run through a multi-terrain course, over undulating farmland and through picturesque countryside, including road, footpaths & trails. Please wear suitable footwear. The course is unsuitable for pushchairs and wheelchairs.

**ENTRY FEES:** 10K Attached £9.00 Unattached £11.00 Entries on the day £1.00 extra (before 10.45am for 10k)  
10K Race Limit 500 FUN RUN £2.00 (before 9.45am)

### GREAT PRIZES TO ALL FINISHERS

Roadside car parking available. Toilet facilities, refreshments & home baking available in St Wilfrid's School Hall.

## ONLINE ENTRY AVAILABLE [WWW.UKFORMS.NET](http://WWW.UKFORMS.NET)

To enter the 10k by post please complete the form below and return to: 'Muddy Boots' at the above address

Closing date for postal entries : 20th January 2013

Please make cheques payable to 'St Wilfrid's Association' and enclose a 9" x 6.5" SAE.

NB Royal Mail will not deliver if post is underpaid

### ENTRY FORM (one per entry please)

First Name \_\_\_\_\_ Surname \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Email Address \_\_\_\_\_

Contact tel no \_\_\_\_\_ Estimated Race Time \_\_\_\_\_

Club Name \_\_\_\_\_ Territorial No \_\_\_\_\_

MALE / FEMALE Delete as appropriate ATTACHED / UNATTACHED Delete as appropriate

Where did you hear about this race? \_\_\_\_\_

10K: Age on race day: Please circle as appropriate (Minimum age 15 for 10k)

MALE: U/21 21-34 35-44 45-54 55-64 65/over School Dad / School Mum Circle as appropriate

FEMALE: U/21 21-34 35-44 45-54 55-64 65/over

FUN RUN: Age on race day \_\_\_\_\_ Date \_\_\_\_\_

Enclosed Entry Fee \_\_\_\_\_ Signature \_\_\_\_\_

(Guardian if under 18 years)

DECLARATION: I HEREBY DECLARE THAT I AM AN AMATEUR AS DEFINED BY THE BAF RULES. I AGREE TO ABIDE BY BAF RULES AND UNDERSTAND THAT THE ORGANISERS OF THE RACE WILL NOT BE HELD LIABLE FOR ANY INJURY, LOSS OR ILLNESS RESULTING FROM THIS RACE. ENTRY FEES ARE NON REFUNDABLE.

To advertise your company here next year, email - [admin@riponst-wilfrids.n-yorks.sch.uk](mailto:admin@riponst-wilfrids.n-yorks.sch.uk)



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