

Shrewsbury Athletic Club and THE NATIONAL TRUST



PRESENTS



# Mad Jacks 5

5 Mile traditional cross country course at the National Trust's picturesque Attingham Park.

(Please note: a short section of the course requires runners to run/wade through 18ins of water)

**SATURDAY 10<sup>th</sup> NOVEMBER 2012 11am Start**

- ✿ Free family admission for the day to Park & Grounds for up to two adults and three children with each entry.
- ✿ Prizes in all the usual categories
- ✿ Entry Fees: Pre-entry Attached to a Club: £7.00  
Pre-entry Unattached to a Club: £7.00 + £ 2.00 Unattached Levy (to UK Athletics)

**Please send a C5 SAE for return of number**

- ✿ Entries close on 2<sup>ND</sup> November 2012  
(Entries on day subject to availability and £2.00 additional fee on top of relevant entry fee and on first come basis see website for remaining places)
- ✿ Entry Limit of 500 entries, if entry limit is reached, notice will be displayed on the club website.



Kindly sponsored by  
Rybrook BMW, Shrewsbury; Wroxeter Roman Vineyard, Wroxeter  
Up & Running, Shrewsbury; Mytton & Mermaid Hotel, Atcham.



[www.shrewsburyac.org.uk](http://www.shrewsburyac.org.uk)

[www.nationaltrust.org.uk/attinghampark](http://www.nationaltrust.org.uk/attinghampark)

Full Name _____ Address _____ _____ Post Code _____ Date of Birth _____ Phone No _____ Club _____ Car Reg _____	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;">Official Use</td></tr> <tr><td style="text-align: center;">Race No</td></tr> <tr><td style="text-align: center;"> </td></tr> <tr><td style="text-align: center;">Pre-entry   On Day</td></tr> </table> <div style="text-align: center; border: 1px solid black; padding: 5px; margin-top: 10px;"> <b>Mad Jack's '5'</b> </div>	Official Use	Race No		Pre-entry   On Day																																
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<small>                     I UNDERSTAND THAT THIS RACE IS HELD IN ACCORDANCE WITH BOTH THE RULES AND SAFETY REQUIREMENTS OF UKA TRAIL RUNNING RULES.                      I CONFIRM THAT I AM AWARE OF THE ORGANISER'S INFORMATION AND REQUIREMENTS IN CONNECTION WITH THIS RACE.                      I ACCEPT THE HAZARDS INVOLVED IN TRAIL RUNNING AND ACKNOWLEDGE THAT I AM ENTERING AND RUNNING THIS RACE AT MY OWN RISK.                      OTHER THAN THE ORGANISERS LIABILITY FOR CAUSING DEATH OR PERSONAL INJURY BY NEGLIGENCE, I CONFIRM THAT I UNDERSTAND THAT THE ORGANISER                      ACCEPTS NO LIABILITY TO ME FOR ANY LOSS OR DAMAGE OF ANY NATURE TO MYSELF OR MY PROPERTY ARISING OUT OF MY PARTICIPATION IN THIS RACE.                      THE ORGANISERS CANNOT BE HELD RESPONSIBLE FOR ANY EXPENSES INCURRED IN THE UNLIKELY EVENT OF THE CANCELLATION OR POSTPONEMENT OF THIS EVENT.                      MAD JACKS RACE at ATTINGHAM PARK                 </small>																																					
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• Please make cheques payable to Shrewsbury Athletic Club. • Send Entry Form and cheque to: Pauline Richards, 23 St Annes Road, Collegefields, Shrewsbury, SY3 6AU																																					