

6th Annual FAAP FALL CLASSIC 5K

To benefit the poor in the Philippines by providing baby formula for Queen of Peace Orphanage

WHEN: Sunday, **September 08, 2013 at 9:00AM**. Race day Registration begins at **7:15 AM**.

WHERE: **North Park** behind the Pool. Start and end at the "Harmar" pavilion across from Pie Traynor baseball field on South Ridge Road. See info at <http://www.alleghenycounty.us/parks/hpfac.aspx>. Free parking in front of the pool.

COURSE: This is a **Cross Country** part trail and pavement race. The first two miles is mostly on blazed trails and the last mile is on pavement and trail. Fairly level to rolling throughout with one medium hill near the beginning on the trails. Here is a rough map: <http://www.gmap-pedometer.com/?r=2023906>
We will have a Mountain Bike Ride! The Course to be set.

AWARDS: **Bamboo** medals to the top runners in each age by gender category as follows: For each age by gender category top male and females get Medal (1st); Medal (2nd) and Medal (3rd). Age groupings are: 0-10, 11-13, 14-16, 17-20, 21-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+. **Special award to top Parent/Child Team ! Money award to top runners.**

ENTRY FEES: The registration is **\$20** per person, with a special registration fee of **\$50** for a family up to four related people (2 adults/2 children). Of course additional donations to the cause are always welcome! Contributions are tax deductible as the FAAP is a 501(c) (3) Pennsylvania non-profit charitable organization. **Please try to send in your registration online ASAP so we can properly plan.** All checks are made payable to "FAAP." Race day fee will be \$25.00.

POST RACE: After the race, we will have a **special Filipino dancing demonstration** for your enjoyment and you will have a chance to learn a special dance with bamboo poles called Tinikling!

ONLINE REGISTRATION AND PAYMENT HERE:

<http://faap5krace.yolasite.com/>

Mail to Mark Knapp at 11056 Babcock Blvd., Gibsonia, PA 15044. Email Mark at attorneymarkknapp@yahoo.com any questions and for more info.

Name _____; Age _____; Paid \$ _____
Date of Birth: _____; M or F. Run _____ Walk _____ Ride _____
email _____, phone _____
Address: _____

I certify that I have trained and/or am physically fit enough to participate in this race. In consideration of the acceptance of my entry, I hereby release and discharge any and all claims against the Filipino American Association of Pittsburgh, Inc., (FAAP) that I may have for personal injury that may occur during this event.

Signature (parent if under 18) Date _____

FOR A GREAT CAUSE AND A GOOD TIME IS GUARANTEED!