**Miles For Melanoma - DE**

**5th Annual 5K Run/Walk**

Proceeds to benefit the Melanoma Research Foundation

**Sunday, September 16, 2012**

**Riverfront, Wilmington, DE**

**Registration: 8:00 AM**

**Run: 9:00AM WALK: directly after**

**Registration Fees: $22 / person pre-registration before Sept. 9th**

 **$30.00 day of event**

* **Short sleeve t-shirts to all who pre-register – www.firstgiving.com/melanomade**
* **Awards for overall top female/male runners plus top 3 per age group**
* **Awards for overall top 3 male/female walkers**
* **Awards for Top Fundraiser Team, and incentive prizes to top fundraisers from MRF**

 **THIS IS NOT JUST A RUN/WALK EVENT!**

 **Along with the event there will be:**

 **99.5 WJBR: Music, Refreshments, and Kids Activities!**

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| Mail entry forms to: | Miles for Melanoma of DEP.O. Box 954Middletown, De 19709 | For more information or to register online go to: [www.races2run.com](http://www.races2run.com) orhttp://www.firstgiving.com/melanoma/2012MFMDE |

 **Make checks payable to: Melanoma Research Foundation**

**Miles for Melanoma of Delaware 5K Run/Walk**

(Please print neatly and fill out the form completely)

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ E-Mail: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ State: \_\_\_\_ Zip Code: \_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_

Age ( on race day): \_\_\_ Sex: \_\_\_ T-Shirt Size: (adult) S M L XL

 Cancer Survivor  Walker  Runner

Signature of Applicant: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 (Parent’s Signature required if less than 18 years old)

In consideration of this entry being accepted, I, intending to be legally bound, hereby for myself, my heirs, executors, administrators, waive and release any and all rights I may have against the organization holding this event, its agents, representatives, successors and assigns for any and all injuries suffered by me at said race. Please discourage unofficial entrants (bandits) from competing in our races.

Bandits consume scarce resources and can delay or inhibit accurate race results. Unregistered runners, running with dogs, strollers, rollerblades, bicycles and the wearing of headphones are prohibited on the race course to ensure runners’ safety and to comply with liability insurance standards.

