



The Cairngorm Charmer



ENTRY FORM

11am Saturday October 6th 2012 at Cairngorm Ski Resort

A 'simply spiffing' 12 mile adventure relay event based at stunning Cairngorm Mountain passing through beautiful Glenmore Forest, along the tumbling Allt Mor trail and around Loch Morlich. The event is a 2 lap relay for teams of two (male/female/mixed/categories) who in turn each complete a lap consisting of a
4m Run + 4m Mountain Bike + 4m Run (with a really 'charming' finish!)

Entry Fee: **£40 per Team** Entry Limit: **150 Teams of Two**
Entries Close: **On October 4th or when entry limit reached (No entries on the day)**

PLEASE COMPLETE ALL SECTIONS USING BLOCK CAPITALS

Team Name:

Team Category: Male / Female / Mixed (Please Circle)

Are you a team of Friends / Partners / Married Couple / Parent & Offspring / Family

Team Member A	Team Member B
Surname.....	Surname.....
First Name.....	First Name.....
Address.....	Address.....
Town/City.....	Town/City.....
Post Code.....	Post Code.....
Contact Tel No.....	Contact Tel No.....
Email:	Email:
Age on Event day.....	Age on Event day.....
(Must be aged 17 or over)	(Must be aged 17 or over)

Entry Fee: £40 (non refundable)

Cheques payable to 'CHSS' or to pay by credit/debit card complete this section:

Card Type (please circle): Mastercard / Visa / Switch / Maestro

Card Number

Start Date **End Date** **Issue Number (Switch)** **3 Digit Security Code**

Declaration: We declare that we are medically fit to take part in the event and understand that we do so at our own risk and that the organisers will not be liable for any loss, damage action, claim cost or expenses which may arise as a result of our taking part in this event or from any postponement or cancellation of this event for whatever reason. We agree to be bound by the event rules and safety instructions

Data Protection: Your personal details will be held solely for the purpose of event administration and for sending info on CHSS future events. We may use images from the event for the CHSS website and PR purposes. No data will be passed to any third party or agency

Team Member A Signed..... Date.....

Team Member B Signed..... Date.....

Full Event Information: www.thecharmer.org or email paul.corrigan@chss.org.uk

Please send completed entry forms and entry fee to:

**'The Cairngorm Charmer', Chest, Heart & Stroke Scotland,
5 Mealmarket Close, Inverness, IV1 1HT**