

Urenco Capenhurst 5K 2012								
BIB	Name	Category	Gender	Time	Overall Pc	Cat Pos	Gen Pos	Club
545	Jonny Mellor	Male Senior	M	14:11	1	1	1	Liverpool Harriers & AC
608	James McNally	Male Senior	M	15:40	2	2	2	Penny Lane Striders
631	Peter Brook	Male Senior	M	15:42	3	3	3	City Of Chester Triathlon Club
510	Lee Jones	Male Vet 40	M	15:53	4	1	4	Deeside AAC
603	Dominic Mahon	Male Senior	M	16:00	5	4	5	Warrington AC
658	Alan Ashton	Male Vet 40	M	16:02	6	2	6	Liverpool Harriers & AC
552	Alex Hall	Male Senior	M	16:03	7	5	7	City Of Chester Triathlon Club
546	Phil Robertson	Male U20	M	16:06	8	1	8	Wirral AC
596	Henry Valentine	Male U20	M	16:08	9	2	9	South Cheshire Harriers
648	Gary Norgrove	Male Vet 45	M	16:13	10	1	10	Wreccam Tri
635	Peter Butler	Male Senior	M	16:24	11	6	11	Oswestry Olympians
666	Mark Hulmston	Male Senior	M	16:25	12	7	12	Wirral AC
609	Robert Tudor	Male Vet 45	M	16:28	13	2	13	West Cheshire AC
530	Chris Barnes	Male Senior	M	16:42	14	8	14	Blackburn Harriers
705	Anthony Taylor	Male Senior	M	16:44	15	9	15	Salford Harriers
644	Daniel Clarke	Male Senior	M	16:46	16	10	16	Mossley Hill AC
651	Vincent Van Woerkom	Male Senior	M	16:48	17	11	17	City Of Chester Triathlon Club
539	Darren Blazzier	Male Vet 40	M	16:48	18	3	18	Abergele Harriers
703	Andrew Edwards	Male Senior	M	16:54	19	12	19	Deestridders RC
678	Jamie Wright	Male U20	M	16:57	20	3	20	Deeside AAC
533	Adam Parr	Male U20	M	16:58	21	4	21	West Cheshire AC
615	Joe Johnson	Male Vet 40	M	16:59	22	4	22	Wirral AC
536	Jonathan Bradshaw	Male Senior	M	17:00	23	13	23	Buckley Runners
586	Jon-Philip Seymour	Male Senior	M	17:01	24	14	24	Wirral A/c
501	Adair Broughton	Male Senior	M	17:01	25	15	25	Helsby RC
527	Simon Roberts	Male Vet 40	M	17:04	26	5	26	Buckley Runners
471	Thomas Haynes	Male U20	M	17:06	27	5	27	South Cheshire Harriers
559	Jack Atkins	Male U20	M	17:07	28	6	28	Knowsley Harriers AC
706	Ian Lowe	Male Vet 40	M	17:08	29	6	29	Oswestry Olympians
532	Graham Macneil	Male Vet 45	M	17:10	30	3	30	Wilmslow
547	Kelly Crickmore	Female Senior	F	17:10	31	1	1	City Of Chester Triathlon Club
506	L Midghall	Male Senior	M	17:20	32	16	31	Liverpool Harriers & AC
542	David Barr	Male Vet 40	M	17:24	33	7	32	Saratoga Stryders
515	Kelvin Dickinson	Male Vet 40	M	17:27	34	8	33	Wirral AC
659	Dave Simmonds	Male Vet 45	M	17:29	35	4	34	u/a
508	Pete Mallison	Male Vet 40	M	17:30	36	9	35	South Cheshire Harriers
541	Jack Donnelly	Male U20	M	17:31	37	7	36	East Cheshire Harriers
614	Mike Shaw	Male Vet 45	M	17:31	38	5	37	Stockport Harriers
639	Andy Campbell	Male Senior	M	17:33	39	17	38	Wreccam Tri
634	Steven Caldwell	Male Senior	M	17:36	40	18	39	Vale Royal AC
511	Steven Hayes	Male Senior	M	17:38	41	19	40	Deestridders
676	Matthew Welsh	Male Senior	M	17:39	42	20	41	Deeside AAC
544	Emma Parry	Female Vet 35	F	17:43	43	1	2	Wrexham Ac
528	John Boyle	Male Vet 45	M	17:43	44	6	42	n/a
549	Andrew Howarth	Male Senior	M	17:45	45	21	43	City Of Chester Triathlon Club
683	Neil Jones	Male Vet 40	M	17:45	46	10	44	South Cheshire Harriers
611	Sion Wynne-Williams	Male Senior	M	17:46	47	22	45	Liverpool Harriers & AC
516	Chantal Quarless	Female Senior	F	17:53	48	2	3	Liverpool Harriers & AC
588	Gareth Howell	Male Senior	M	17:57	49	23	46	Liverpool Harriers & AC
482	Neil Hershaw	Male Vet 45	M	18:00	50	7	47	West Cheshire AC
529	Laurence Eccles	Male Senior	M	18:02	51	24	48	Penny Lane Striders
517	Rachael Burns	Female Senior	F	18:03	52	3	4	Liverpool Harriers & AC
598	Dan Harris	Male Senior	M	18:05	53	25	49	Ellesmere Port RC
610	Anthony Mcdevitt	Male Vet 60	M	18:06	54	1	50	Wirral AC
672	Mike Robbins	Male Vet 45	M	18:11	55	8	51	Wrexham AAC
483	Craig Davies	Male Senior	M	18:13	56	26	52	n/a
636	Jonathan Mullen	Male U20	M	18:14	57	8	53	Pensby Runners
681	David Tait	Male Vet 40	M	18:14	58	11	54	City Of Chester Triathlon Club
500	Philip Townsend	Male Senior	M	18:15	59	27	55	City Of Chester Triathlon Club
661	Paul Riley	Male Vet 40	M	18:17	60	12	56	Penny Lane Striders
467	Matt Guilder	Male Senior	M	18:23	61	28	57	Wirral AC
512	Kevin Dandy	Male Senior	M	18:26	62	29	58	City Of Chester Triathlon Club
489	Simon Rogers	Male Vet 50	M	18:29	63	1	59	Pensby Runners

704	Andrew Clague	Male Vet 40	M	18:30	64	13	60	West Cheshire
593	Ian Landuci	Male Vet 45	M	18:31	65	9	61	Helsby RC
535	Jamie Mellor	Male U20	M	18:32	66	9	62	Liverpool Harriers & AC
556	William Thomas	Male Senior	M	18:32	67	30	63	City Of Chester Triathlon Club
643	Gary Blackwell	Male Vet 45	M	18:33	68	10	64	Deeside AAC
663	Carl Watson	Male Vet 40	M	18:36	69	14	65	Low Fell RC
688	Neil Thomas	Male Vet 40	M	18:37	70	15	66	City Of Chester Triathlon Club
600	John Edward Morris	Male Senior	M	18:37	71	31	67	Denbigh Harriers
668	Peter Fraser	Male Senior	M	18:38	72	32	68	Wirral AC
474	Mark Davies	Male Senior	M	18:39	73	33	69	West Cheshire AC
612	Gareth Boyd	Male Vet 40	M	18:45	74	16	70	Helsby RC
531	Sarah Jarvis	Female Senior	F	18:45	75	4	5	Liverpool Harriers & AC
495	Dave Newton	Male Vet 45	M	18:46	76	11	71	Oswestry Olympians
599	Rob Jones	Male Senior	M	18:47	77	34	72	City Of Chester Triathlon Club
476	Lisa Grantham	Female Vet 35	F	18:51	78	2	6	City Of Chester Triathlon Club
487	David Millington	Male Vet 40	M	18:52	79	17	73	Wrexham Ac
642	Tony Archer	Male Vet 55	M	19:01	80	1	74	Vale Royal AC
477	Colin Thompson	Male Senior	M	19:03	81	35	75	Helsby RC
562	Dave Lovatt	Male Vet 50	M	19:04	82	2	76	Penny Lane Striders
519	Jay Jennions	Female Senior	F	19:07	83	5	7	Deestridders RC
630	Stephanie Bullock	Female Senior	F	19:07	84	6	8	Penny Lane Striders
694	Nick Eastwood	Male Vet 40	M	19:09	85	18	77	City Of Chester Triathlon Club
537	Alec Jervis	Male Senior	M	19:14	86	36	78	West Cheshire AC
625	C Gibbs	Male Vet 45	M	19:17	87	12	79	Wirral AC
490	Joe Foy	Male Vet 55	M	19:21	88	2	80	West Cheshire AC
591	Kate Titlow	Female Senior	F	19:22	89	7	9	Warrington AC
565	Michael Waring	Male Vet 45	M	19:23	90	13	81	City Of Chester Triathlon Club
682	Martin Cortfriend	Male Vet 60	M	19:28	91	2	82	Denbigh Harriers
583	Mitchell Hawkins	Male Senior	M	19:28	92	37	83	Penny Lane Striders
557	Paul Seattle	Male Vet 45	M	19:29	93	14	84	City Of Chester Triathlon Club
646	Tom Rutherford	Male Vet 45	M	19:33	94	15	85	Pensby
525	Tony Devenport	Male Vet 40	M	19:34	95	19	86	n/a
480	Roy Gaskill	Male Vet 45	M	19:38	96	16	87	Helsby
492	Gary O'Connor	Male Vet 40	M	19:38	97	20	88	n/a
560	Philip Rose	Male Vet 50	M	19:39	98	3	89	Spectrum Striders
660	Aimee Bartley	Female Senior	F	19:40	99	8	10	Wirral AC
707	Matt Whitfield	Male Vet 55	M	19:40	100	3	90	Ellesmere Port RC
695	Rob Valentine	Male Vet 45	M	19:42	101	17	91	South Cheshire Harriers
692	Ian Atkinson	Male Vet 45	M	20:03	102	18	92	Ellesmere Port RC
469	Chris Smith	Male Vet 40	M	20:07	103	21	93	West Cheshire AC
698	Janet Ashbrook	Female Vet 35	F	20:08	104	3	11	Helsby
664	Peter Burgess	Male Senior	M	20:13	105	38	94	City Of Chester Triathlon Club
550	Graeme Dick	Male Senior	M	20:13	106	39	95	City Of Chester Triathlon Club
548	Ross Hosking	Male U20	M	20:23	107	10	96	City Of Chester Triathlon Club
654	Marcus Walker	Male Vet 55	M	20:26	108	4	97	u/a
478	Steve Pemberton	Male Vet 55	M	20:26	109	5	98	Penny Lane Striders
543	Simon Short	Male Senior	M	20:36	110	40	99	n/a
617	Susan Fourie	Female Vet 35	F	20:38	111	4	12	City Of Chester Triathlon Club
470	Michael Charman	Male Vet 60	M	20:39	112	3	100	Spectrum Striders RC
553	Claire Sutcliffe	Female Vet 35	F	20:43	113	5	13	City Of Chester Triathlon Club
575	Christopher/John Jones	Male Vet 40	M	20:44	114	22	101	n/a
523	Andrew Holland	Male Senior	M	20:45	115	41	102	Unattached
680	Ciara Pettitt	Female U20	F	20:47	116	1	14	Vale Royal AC
488	Julian Evitts	Male Senior	M	20:50	117	42	103	City Of Chester Triathlon Club
465	Mark Roberts	Male Vet 60	M	20:52	118	4	104	Pensby Runners
514	Caroline Hall	Female Vet 40	F	20:53	119	1	15	Wirral AC
655	Sara Atkinson	Female Vet 45	F	20:54	120	1	16	Tattenhall runners
494	Adrian Jackson	Male Vet 40	M	20:58	121	23	105	n/a
513	Kirsty Seddon	Female Senior	F	21:03	122	9	17	City Of Chester Triathlon Club
616	Ray Tran	Male Vet 45	M	21:08	123	19	106	City Of Chester Triathlon Club
686	Melvyn Ollier	Male Vet 60	M	21:13	124	5	107	Wrexham Ac
653	Norman Black	Male Vet 40	M	21:16	125	24	108	Craughall
649	Bob Freeman	Male Vet 55	M	21:17	126	6	109	Northern Vets AC
638	Ryan Morley	Male U20	M	21:20	127	11	110	u/a
652	Stephen Jolley	Male Vet 45	M	21:23	128	20	111	Deeside AAC
671	Iorwerth Jones	Male Vet 65	M	21:24	129	1	112	Wreccsam Tri
689	Neil Jenkins	Male Vet 40	M	21:26	130	25	113	City Of Chester Triathlon Club

662	Jacky Thorn	Female Vet 50	F	21:27	131	1	18	Vale Royal AC
463	Geoff Shaw	Male Vet 55	M	21:27	132	7	114	Helsby
604	Derek Fullwood	Male Vet 50	M	21:28	133	4	115	n/a
572	Traci Shipley	Female Vet 45	F	21:30	134	2	19	City Of Chester Triathlon Club
475	Sue O'Brien	Female Vet 50	F	21:36	135	2	20	Knowsley Harriers AC
602	Clare Page	Female Vet 35	F	21:38	136	6	21	City Of Chester Triathlon Club
637	Billy O'Brien	Male Vet 55	M	21:45	137	8	116	Warrington Road Runners
685	Paul Donoghue	Male Vet 40	M	21:45	138	26	117	Buckley Runners
538	Neil Canham	Male Vet 60	M	21:47	139	6	118	Trafford AC
468	Mary Tavener	Female Vet 50	F	21:50	140	3	22	Vale Royal AC
493	James Hadley	Male Senior	M	21:50	141	43	119	n/a
521	David Hartley	Male Senior	M	21:52	142	44	120	Ellesmere Port RC
579	Jim Jones	Male Vet 45	M	21:56	143	21	121	West Cheshire AC
627	Debbie Read	Female Vet 55	F	22:01	144	1	23	Spectrum Striders
667	James Atkin	Male Vet 55	M	22:05	145	9	122	Wirral AC
592	Helen Owens	Female Vet 35	F	22:09	146	7	24	Helsby RC
679	Richard Pettitt	Male Vet 50	M	22:10	147	5	123	Vale Royal AC
645	Debbie Rutherford	Female Vet 50	F	22:11	148	4	25	Pensby
632	Thomas De Jeng	Male U20	M	22:17	149	12	124	Helsby RC
460	Simon Prescott	Male Senior	M	22:19	150	45	125	Ellesmere Port RC
498	John Thompson	Male Vet 40	M	22:19	151	27	126	Helsby RC
540	Micky Donnelly	Male Vet 50	M	22:23	152	6	127	East Cheshire Harriers
677	John Morris	Male Vet 65	M	22:25	153	2	128	Buckley Runners
580	Kevin Curtis	Male Vet 55	M	22:35	154	10	129	n/a
690	Phillip Weaver	Male Vet 55	M	22:41	155	11	130	u/a
665	Toby Shipley	Male Vet 40	M	22:42	156	28	131	City Of Chester Triathlon Club
669	Debbie Hawker	Female Vet 45	F	22:45	157	3	26	Ellesmere Port RC
518	Christopher Ritchiesor	Male Senior	M	22:50	158	46	132	Unattached
606	Mark Molloy	Male Vet 45	M	22:54	159	22	133	Warrington Road Runners
674	Dave Taylor	Male Vet 60	M	22:56	160	7	134	City Of Chester Triathlon Club
499	Andrew Morley	Male Vet 55	M	23:01	161	12	135	Pensby Runners
650	Graham Howell	Male Vet 60	M	23:02	162	8	136	Liverpool Harriers & AC
509	Bethan Maggs	Female Senior	F	23:03	163	10	27	City Of Chester Triathlon Club
587	John Kummer	Male Vet 60	M	23:12	164	9	137	Hardley Runners
620	Julie Wood	Female Vet 35	F	23:17	165	8	28	West Cheshire AC
618	Mark Jones	Male Vet 40	M	23:23	166	29	138	n/a
684	Victoria Whitehead	Female Vet 35	F	23:23	167	9	29	Denbigh Harriers
702	James Blundell	Male Senior	M	23:24	168	47	139	u/a
701	Chris Barnsley	Male Senior	M	23:25	169	48	140	West Cheshire AC
461	Jacqueline Hislop	Female Vet 45	F	23:26	170	4	30	Wrexham AAC
699	Heston Hawker	Male Vet 45	M	23:32	171	23	141	Helsby
628	Jackie Keasley	Female Vet 50	F	23:43	172	5	31	Helsby RC
589	Erin Gotowka	Female Vet 35	F	23:45	173	10	32	City Of Chester Triathlon Club
526	Alan Jones	Male Vet 40	M	24:00	174	30	142	Deestriders RC
573	Paul Arrowsmith	Male Vet 40	M	24:02	175	31	143	Uknetrunner
633	Steven Francom	Male Senior	M	24:05	176	49	144	u/a
624	Vicky Wilson	Female Vet 35	F	24:21	177	11	33	u/a
578	Robin Frost	Male Vet 65	M	24:24	178	3	145	Wrexham AAC
597	David Temple	Male Senior	M	24:25	179	50	146	Deestriders
522	Kay Leaver	Female Vet 35	F	24:30	180	12	34	Pensby Runners
507	Philip Aldag	Male Vet 60	M	24:31	181	10	147	Pensby Runners
697	Jim Barrow	Male Vet 50	M	24:31	182	7	148	Pensby
462	Anna Riley	Female Vet 50	F	24:35	183	6	35	n/a
570	John Mercer	Male Vet 45	M	24:44	184	24	149	West Cheshire AC
585	Graeme Blair	Male Senior	M	24:50	185	51	150	Ellesmere Port RC
473	Steve Cartwright	Male Vet 45	M	24:54	186	25	151	n/a
503	Claire Richards	Female Vet 35	F	25:02	187	13	36	n/a
629	Helen Lester	Female Vet 40	F	25:07	188	2	37	Ellesmere Port RC
647	Jack Thomas	Male Vet 65	M	25:11	189	4	152	Buckley Runners
594	Dave Bottoms	Male Vet 50	M	25:22	190	8	153	City Of Chester Triathlon Club
670	Brian Beattie	Male Vet 65	M	25:24	191	5	154	West Cheshire AC
567	William Roberts	Male Senior	M	25:27	192	52	155	n/a
561	Malcolm Philip Haines	Male Vet 55	M	25:34	193	13	156	n/a
464	Janet Shaw	Female Vet 55	F	25:35	194	2	38	Helsby
656	Betty Grieve	Female Vet 50	F	25:39	195	7	39	Helsby
582	Craig Curtis	Male Senior	M	25:50	196	53	157	Deestriders
571	William Preston	Male Vet 60	M	26:01	197	11	158	Uknetrunner

696	Mick Flaherty	Male Senior	M	26:04	198	54	159	City Of Chester Triathlon Club
687	Nania Mason	Female Vet 45	F	26:23	199	5	40	City Of Chester Triathlon Club
595	Annie Walsh	Female Senior	F	26:30	200	11	41	n/a
581	Paula Smith	Female Vet 40	F	26:32	201	3	42	Wirral
496	Ian Chalmers	Male Vet 60	M	26:40	202	12	160	Pensby Runners
534	David Brierley	Male Vet 50	M	26:59	203	9	161	City Of Chester Triathlon Club
619	Jo Harding	Female Vet 40	F	27:02	204	4	43	City Of Chester Triathlon Club
691	Emma Atkinson	Female U20	F	27:02	205	2	44	u/a
551	Gayle Dick	Female Senior	F	27:20	206	12	45	City Of Chester Triathlon Club
555	Jacqueline Seatle	Female Vet 40	F	27:21	207	5	46	City Of Chester Triathlon Club
623	Sharon Tran	Female Vet 40	F	27:22	208	6	47	n/a
566	Andrea Roberts	Female Senior	F	27:37	209	13	48	n/a
673	Ruth Taylor	Female Senior	F	27:43	210	14	49	n/a
675	Janet Taylor	Female Vet 50	F	27:43	211	8	50	City Of Chester Triathlon Club
466	Stephanie Charman	Female Vet 60	F	28:10	212	1	51	Spectrum Striders RC
524	Tony Dooley	Male Vet 55	M	29:21	213	14	162	City Of Chester Triathlon Club
700	Lisa Murphy	Female Vet 50	F	30:10	214	9	52	Ellesmere Port RC
491	Sue Ledsom	Female Vet 40	F	30:30	215	7	53	n/a
577	Suzanne Halliday	Female Vet 40	F	31:24	216	8	54	n/a
520	Mollie Rogers	Female U20	F	31:28	217	3	55	Unattached
622	Ellen Mcelhinney	Female Vet 45	F	31:48	218	6	56	Ellesmere Port RC
502	Vicki Joseph	Female Vet 35	F	31:54	219	14	57	n/a
497	Rachel Beddows	Female Vet 40	F	31:54	220	9	58	n/a
657	Carmel Barnett	Female Vet 50	F	32:15	221	10	59	Ellesmere Port RC
563	Amy Usher	Female Senior	F	32:26	222	15	60	Ellesmere Port RC
613	Rachael Barlow	Female Vet 40	F	32:49	223	10	61	Ellesmere Port RC
568	Della Bennett	Female Senior	F	33:01	224	16	62	n/a
709	Tracy Kenny	Female Vet 40	F	33:20	225	11	63	u/a
710	Colin O'Neill	Male Vet 45	M	38:21	226	26	163	u/a
708	Jessica O'Neill	Female Senior	F	38:21	226	17	64	Spectrum Striders
626	Lee Graham Pritchard	Male Senior	M	39:50	228	55	164	Whitby Social Club
569	Gill Walters	Female Vet 50	F	39:51	229	11	65	Ellesmere Port RC
693	Adele Reed	Female Vet 40	F	45:39	230	12	66	u/a