

Results compiled by Raceres Results  
 Errors and Omissions please contact raceres@lineone.net

<b>Pos</b>	<b>Time</b>	<b>No</b>	<b>First Name</b>	<b>Surname</b>	<b>Club Name</b>	<b>Category</b>
1	00:35:06	123	Joe	Alexander	Gt Bentley Running Club	Male Open
2	00:35:17	820	Philip	Munro	Colchester Harriers AC	Male Open
3	00:36:07	37	Steve	Hewes	Unattached	Male Open
4	00:36:22	220	Nick	Palmer	Stowmarket Striders	Male Open
5	00:36:41	817	Steve	Cooper	Harwich Runners	Male Open
6	00:36:58	865	Sam Gooding	Matthews	Harwich Runners	Male Open
7	00:37:02	819	Rob	Gibby	Colchester Harriers AC	Male Open
8	00:37:06	830	Alfie	Foster	Gt Bentley Running Club	Male Open
9	00:37:54	186	Dave	Solomon	Felixstowe Road Runners	Male Master 40
10	00:37:59	267	David	Willer	Hadleigh Hares A.C.	Male Open
11	00:38:16	40	Christopher	Warren	Gt Bentley Running Club	Male Master 40
12	00:38:40	867	Alex	Gladley	Unattached	Male Open
13	00:38:42	842	Ben Christopher	Gibson	Unattached	Male Open
14	00:39:18	828	Dan	Foster	Gt Bentley Running Club	Unable to place in Cat.
15	00:39:22	44	Mark	Potter	Unattached	Male Master 40
16	00:39:26	324	Les	Henderson	Unattached	Male Master 40
17	00:39:40	121	Stuart	Green	Stowmarket Striders	Male Master 40
18	00:39:42	823	Mark	Russell	Dedham Resident	Male Master 40
19	00:40:12	148	Chris	Seymour	Stowmarket Striders	Male Master 40
20	00:40:16	334	Matt	Hunter	Hadleigh Hares A.C.	Male Open
21	00:41:13	174	Gail	Dawson	Benfleet Running Club	Female Master 35
22	00:41:21	115	Richard	Flutter	Harwich Runners	Male Master 40
23	00:41:22	849	Graham	Simpson	Dedham Resident	Male Master 40
24	00:41:27	108	Steven	Kent	Harwich Runners	Male Master 40
25	00:41:37	163	Ian	Beard	Unattached	Male Master 40
26	00:41:39	240	Darren	Horne	Unattached	Male Open
27	00:41:40	344	Bill	Murray	Colchester Harriers AC	Male Master 40
28	00:41:41	139	Emily	Zethraeus	Gt Bentley Running Club	Female Open
29	00:41:42	117	Claire	Rulton	Unattached	Female Master 35
30	00:41:47	233	Russel	Breyer	Ipswich Triathlon Club	Male Master 40
31	00:41:49	208	Craig	Gloyn	Unattached	Male Open
32	00:41:57	57	Guy	Longhurst	Unattached	Male Master 40
33	00:42:24	128	Scott	Crawley	Gt Bentley Running Club	Male Open
34	00:42:31	193	Phil	Tanti	Unattached	Male Master 40
35	00:42:45	41	Chris	Finnigan	Unattached	Male Open
36	00:42:47	282	John	Francis	Harwich Runners	Male Master 40
37	00:42:53	146	Stuart	McHugh	Unattached	Male Master 40
38	00:42:55	832	George	Drummond	Unattached	Male Open
39	00:42:59	30	Stu	Creek	Unattached	Male Open
40	00:43:02	854	Lee	Hall	Tri & Tri Again	Male Open
41	00:43:03	303	Tristan	Clifton	Unattached	Male Open
42	00:43:09	124	Roger	Alexander	Gt Bentley Running Club	Male Master 40
43	00:43:12	313	Kevin	Benton	Dedham Resident	Male Open
44	00:43:14	242	Rebecca	Shuttleworth	Unattached	Female Open
45	00:43:25	852	Darren	Blacon	Witham RC	Male Master 40
46	00:43:48	835	Colin	Wallace	Unattached	Male Master 40
47	00:43:53	856	Paul	Gardiner	Unattached	Male Master 40
48	00:44:07	291	Phillip	Pearson	Unattached	Male Open
49	00:44:12	816	Andrew	Houghton	Unattached	Male Master 40
50	00:44:18	328	Paul	Carlisle	Gt Bentley Running Club	Male Master 40

51	00:44:18	82	Matthew	Coates	Unattached	Male Open
52	00:44:22	314	Nicola	Pyle	Springfield Striders AC	Female Master 35
53	00:44:27	829	Anthony	Egan	Unattached	Unable to place in Cat.
54	00:44:30	200	Stephen	Hatton	St Edmund Pacers	Male Master 40
55	00:44:32	824	James	Tribley	Unattached	Unable to place in Cat.
56	00:44:34	34	Jason	Skelton	Dedham Resident	Male Master 40
57	00:44:40	348	Simon	Wiggins	Felixstowe Road Runners	Male Master 40
58	00:44:43	178	Mark	Baker	Colchester Harriers AC	Male Master 40
59	00:44:45	285	Martin	Dempsey	Unattached	Male Master 40
60	00:44:49	161	Richard	Garrard	Unattached	Male Open
61	00:44:50	270	Mark	Watts	St Edmund Pacers	Male Master 40
62	00:44:53	318	Emma	Watts	St Edmund Pacers	Female Open
63	00:44:55	64	Francis	Pardoe	Unattached	Male Open
64	00:44:58	254	Daniel	Leach	Unattached	Male Open
65	00:45:02	276	Richard	Clarke	Dedham Resident	Male Master 40
66	00:45:03	301	Martin	Culpeck	Unattached	Male Open
67	00:45:20	69	Alex	Wells	Unattached	Female Open
68	00:45:21	274	Michael	Allen	Unattached	Male Open
69	00:45:24	853	Colin	Fisher	Tri & Tri Again	Male Open
70	00:45:29	252	Mick	Cocker	Unattached	Male Master 55
71	00:45:30	79	Gary	Pearson	Unattached	Male Master 40
72	00:45:33	342	Russell	Hawkes	Colchester Traditional Karate	Male Master 40
73	00:45:34	106	Catherine	Johnson	Unattached	Female Master 35
74	00:45:38	182	Harry	Moss	Unattached	Male Open
75	00:45:41	32	Ashley	Carden	Colchester Traditional Karate	Male Open
76	00:45:43	80	Timothy	Green	Unattached	Male Open
77	00:45:43	871	Richard	Folkerd	Unattached	Male Open
78	00:45:50	211	Phil	Pearce	Unattached	Male Open
79	00:45:57	844	Karl	Fisher	Unattached	Male Open
80	00:46:01	18	Gary	Hopkins	New Eltham Joggers	Male Master 40
81	00:46:02	222	Stuart	Hunt	Hadleigh Hares A.C.	Male Open
82	00:46:03	256	Trevor	Fulcher	Unattached	Male Master 40
83	00:46:15	157	Chris	Barrow	Unattached	Male Master 40
84	00:46:18	258	Kevin	James	Gt Bentley Running Club	Male Master 55
85	00:46:39	822	Dave	Vaughan	St Edmund Pacers	Male Master 55
86	00:46:42	67	Martin	Boaler	Unattached	Male Open
87	00:46:43	27	Rosemary	Foster	Unattached	Female Master 35
88	00:46:43	298	Kieran	Maloney	Unattached	Male Open
89	00:46:48	181	Joshua	Moss	Unattached	Male Open
90	00:46:50	172	Rachel	Jarvis	Harwich Runners	Female Master 35
91	00:46:51	227	david	Grimshaw	Unattached	Male Master 55
92	00:46:52	214	Nicholas	Woolett	Unattached	Male Master 40
93	00:46:57	341	Jim	Smith	Colchester Traditional Karate	Male Open
94	00:47:01	818	Richard	Soer	St Edmund Pacers	Male Master 55
95	00:47:02	127	Val	Naylor	Sutton in Ashfield Harriers	Female Master 50
96	00:47:02	861	Mary	Gatehouse	London Heathside AC	Female Master 35
97	00:47:03	251	Ben	Power	Unattached	Male Open
98	00:47:16	866	Stephen	Shaw	Felixstowe Road Runners	Male Master 40
99	00:47:23	335	Andrew	Thomas	Unattached	Male Master 40
100	00:47:29	821	Richard	Manning	Unattached	Male Open
101	00:47:31	169	Olly	Crouch	Unattached	Male Open
102	00:47:35	337	Martin	Lodge	Unattached	Male Master 40
103	00:47:36	262	Leuan	Davies	Unattached	Male Open
104	00:47:36	223	Steve	Hunt	Hadleigh Hares A.C.	Male Open

105	00:47:43	212 Rachel	Madders	Unattached	Female Open
106	00:47:45	151 Barry	Shaw	Unattached	Male Open
107	00:47:47	55 Laura	Brooks	Unattached	Female Open
108	00:47:50	31 Clare	Adams	Colchester Harriers AC	Female Master 35
109	00:47:53	345 David	Lissmore	Unattached	Male Master 40
110	00:48:07	265 Ross	Belcher	Unattached	Male Open
111	00:48:09	153 Joe	Stevens	Unattached	Male Open
112	00:48:11	236 Paul	Crowson	Harwich Runners	Male Master 40
113	00:48:16	286 Shaun	North	Unattached	Male Open
114	00:48:19	98 Benjamin	Price	Dedham Resident	Male Open
115	00:48:23	216 Ian	Lewis	Unattached	Male Open
116	00:48:27	280 Ben	Green	Dedham Resident	Male Open
117	00:48:31	248 Paul	Jennings	Unattached	Male Master 40
118	00:48:41	20 Neil	Watts	Dedham Resident	Male Open
119	00:48:41	25 Alistair	Dixon	Unattached	Female Master 50
120	00:48:46	320 Emily	Gooderham	St Edmund Pacers	Female Open
121	00:48:46	319 Ian	Gooderham	St Edmund Pacers	Male Master 40
122	00:48:49	317 Anthony	Varela	Unattached	Male Master 40
123	00:48:52	58 Mike	Rigin	Unattached	Male Master 40
124	00:48:53	59 Magdalena	Urbanska	Unattached	Female Open
125	00:49:04	190 Rob	Hadgraft	Tiptree Road Runners	Male Master 55
126	00:49:07	315 Dan	Humphries	Unattached	Male Open
127	00:49:15	131 Mark	Johnson	Unattached	Male Open
128	00:49:21	191 Helen	Alexander	Little Baddow Ridge Runners	Female Open
129	00:49:28	243 Darren	Blaker	Unattached	Male Master 40
130	00:49:46	845 Emma	Benyon	Unattached	Female Open
131	00:49:47	93 Carla	Holroyd	Harwich Runners	Female Master 50
132	00:49:48	26 Mick	Poulter	Witham RC	Male Master 55
133	00:49:49	206 Toby	Milne	Unattached	Male Open
134	00:49:50	299 Karen	Skene	Gt Bentley Running Club	Female Master 35
135	00:49:51	232 Rob	Sweeney	Unattached	Male Open
136	00:49:56	263 Steve	Perrett	Unattached	Male Master 40
137	00:50:03	247 Peter	Rutherford	Unattached	Male Master 40
138	00:50:07	160 Paul	Flood	Serpentine Running Club	Male Master 40
139	00:50:07	45 Mike	Foster	Unattached	Male Open
140	00:50:08	14 William	Robertson	Sphinx AC	Male Open
141	00:50:15	60 Ashley	Willins	Unattached	Male Open
142	00:50:15	19 Barry	Martin	Gt Bentley Running Club	Male Master 40
143	00:50:16	87 Colin	Short	Witham RC	Male Master 40
144	00:50:20	325 Jeny	Allan	Thrift Green Trotters	Female Open
145	00:50:25	230 Susan	Bloomfield	Stowmarket Striders	Female Master 35
146	00:50:26	253 Richard	Nolan	Unattached	Male Open
147	00:50:27	107 Paul	Maskell	Leigh-on-Sea Striders	Male Master 55
148	00:50:27	310 Mark	Finbow	Unattached	Male Master 40
149	00:50:31	111 Veronica	Manly	Eastern Veterans AC	Female Master 50
150	00:50:35	872 Tim	Boud	Unattached	Male Master 40
151	00:50:44	63 James	Burrows	Unattached	Male Open
152	00:50:45	22 Dinny	James	Unattached	Female Open
153	00:50:45	23 Neil	Shaw	Unattached	Male Open
154	00:50:52	109 Justin	Westall	Unattached	Male Master 40
155	00:50:53	171 Michael	Simmons	Gt Bentley Running Club	Male Master 40
156	00:50:55	51 Richard	Mabbitt	Unattached	Male Master 40
157	00:51:02	49 Ian	Bown	Unattached	Male Master 40
158	00:51:12	340 Mark	Pearson	Pitsea Running Club	Male Master 40

159	00:51:20	250 Daniel	Wilkinson	Unattached	Male Open
160	00:51:23	300 Gralia	Lakey	Unattached	Female Master 35
161	00:51:24	225 Gavin	Francis	Colchester Traditional Karate	Male Open
162	00:51:27	855 Emma	Fisher	Tri & Tri Again	Female Open
163	00:51:33	173 James	Wilbraham	Dedham Resident	Male Master 40
164	00:51:36	129 Laura	McHugh	Leigh-on-Sea Striders	Female Open
165	00:51:40	119 Lindsay	Limb	Sutton in Ashfield Harriers	Female Master 50
166	00:51:49	848 Stephen	Murphy	Unattached	Male Master 40
167	00:51:55	302 Brett	Bayless	Unattached	Male Open
168	00:51:58	349 Oliver	Vargas	Unattached	Male Open
169	00:52:09	104 Ken	Gilbey	Unattached	Male Master 55
170	00:52:09	179 Kate	Saunders	Unattached	Female Master 35
171	00:52:10	311 Lee	Doughty	Unattached	Male Master 40
172	00:52:12	264 Paul	Catmull	Unattached	Male Master 40
173	00:52:13	293 James	Mitchel	Unattached	Male Open
174	00:52:17	862 Bridget	Gatehouse	Unattached	Female Master 35
175	00:52:19	125 Elizabeth	Eastough	Unattached	Female Open
176	00:52:24	202 Patrick	Connery	Unattached	Male Open
177	00:52:24	837 Mel	Seeley	Unattached	Unable to place in Cat.
178	00:52:39	838 James	Ward	Unattached	Male Open
179	00:52:41	94 Jon	Bishop	Unattached	Male Master 40
180	00:52:42	237 Steve	Muffett	Unattached	Male Master 40
181	00:52:42	149 Leanne	Webb	Unattached	Female Open
182	00:52:46	338 Maria	Ward	Unattached	Female Open
183	00:52:46	306 Ellie	Foster	Unattached	Female Open
184	00:52:47	305 Charlotte	Taylor	Unattached	Female Open
185	00:52:56	183 Richard	Moss	Unattached	Male Master 40
186	00:52:56	167	Withdrawn	Unattached	Unable to place in Cat.
187	00:53:03	166 Jessica	Lampon	Unattached	Female Open
188	00:53:19	255 James	Aylott	Unattached	Male Open
189	00:53:21	322 Rebecca	Johnson	Unattached	Female Open
190	00:53:35	281 Lauren	Walker	Dedham Resident	Female Open
191	00:53:36	278 Katrina	Duffey	Unattached	Female Open
192	00:53:37	870 Claire	Wells	Unattached	Female Open
193	00:53:37	187 Trevor	Mickleburgh	Benfleet Running Club	Male Master 40
194	00:53:39	188 Nicola	Mason	Benfleet Running Club	Female Master 35
195	00:53:39	836 Jon	Dearden	Unattached	Male Open
196	00:53:41	289 Craig	Barker	Unattached	Male Open
197	00:53:48	170 Marion	Simmons	Gt Bentley Running Club	Male Master 40
198	00:53:56	196 Louise	Papworth	Harwich Runners	Female Master 35
199	00:53:59	827 Jenny	Wilson	Unattached	Female Master 35
200	00:54:05	66 Joanna	Boaler	Unattached	Female Open
201	00:54:10	288 Thomas	Munson	Unattached	Male Open
202	00:54:11	159 Victoria	Stone	Unattached	Female Master 35
203	00:54:12	272 Atikul	Hussain	Unattached	Male Master 40
204	00:54:17	135 Nikki	Osborne	Unattached	Female Master 35
205	00:54:17	326 John	Allen	Unattached	Male Open
206	00:54:18	843 William	Morrison	Unattached	Male Master 55
207	00:54:20	110 David	Levans	Felixstowe Road Runners	Male Master 40
208	00:54:26	329 Lex	Carlisle	Gt Bentley Running Club	Male Master 55
209	00:54:35	105 Peter	Wood	Unattached	Male Master 40
210	00:54:36	175 Romany	Foster	Unattached	Female Master 35
211	00:54:36	90 Daisy	Leverton	Unattached	Female Open
212	00:54:40	210 Sue	Bedford	Unattached	Female Master 35

213	00:54:40	863 Paul	Miliad	Unattached	Unable to place in Cat.
214	00:54:47	864 Steve	Pepperell	Unattached	Male Master 40
215	00:54:48	152 Andrew	Stevens	Unattached	Male Master 40
216	00:54:48	841 Hannah	Chapman	Unattached	Female Open
217	00:54:54	228 Jemma	Graves	Unattached	Female Open
218	00:54:57	234 Paul	Kerrison	Harwich Runners	Male Master 40
219	00:54:57	857 Grahame	Walkingshaw	Haddington & E Lothian Pace.	Male Master 40
220	00:54:59	201 Reg	Wisher	Unattached	Male Master 40
221	00:55:02	1 Geraint	White	Unattached	Male Open
222	00:55:02	2 Hugh	White	Unattached	Male Master 40
223	00:55:09	133 Philip	Benfield	Unattached	Male Master 40
224	00:55:16	100 Jamie	Rodwell	Unattached	Male Open
225	00:55:26	143 Becky	Barnes	Witham RC	Female Open
226	00:55:28	86 Trevor	Aldis	Unattached	Female Master 35
227	00:55:33	29 Robert	Brown	Unattached	Male Master 40
228	00:55:37	92 Greg	Wood	Unattached	Male Open
229	00:55:37	91 Tim	Preece	Unattached	Male Open
230	00:55:43	296 Sophie	Bloomfield	Unattached	Female Open
231	00:55:47	130 Siobhan	Clarke	Unattached	Female Master 35
232	00:55:48	7 Timothy	Davis	Unattached	Male Master 40
233	00:55:49	846 Rebecca	Willson	Unattached	Female Master 35
234	00:55:49	13 Pip	Hamer	Unattached	Female Open
235	00:55:51	192 Sean	Pope	Unattached	Male Master 40
236	00:55:52	268 Mark	Ranson	Dedham Resident	Male Master 40
237	00:55:54	147 Richard	Ovenington	Unattached	Male Open
238	00:55:59	213 Samantha	Woollett	Unattached	Female Master 35
239	00:56:25	273 Ali	Ross	Unattached	Female Master 35
240	00:56:33	304 Rupert	Taylor	Unattached	Male Open
241	00:56:43	56 Daisy	Martin	Unattached	Female Open
242	00:56:51	226 Andrea	Friend	Stowmarket Striders	Female Master 35
243	00:56:56	4 Rachel	Clutterham	Unattached	Female Open
244	00:56:57	97 Graham	Williams	Unattached	Male Open
245	00:56:57	346 Roger	Griffiths	Unattached	Male Master 55
246	00:57:04	221 Debbie	Jarvis	Unattached	Female Master 35
247	00:57:05	868 Michelle	Hughes	Unattached	Female Open
248	00:57:10	141 Roy	Bird	Unattached	Male Open
249	00:57:11	238 Emma	Foley	Unattached	Female Open
250	00:57:18	217 Liz	White	Unattached	Female Master 50
251	00:57:30	231 Christine	Hall	Stowmarket Striders	Female Master 50
252	00:57:32	205 Brian	Swift	Unattached	Male Master 55
253	00:57:32	309 Susan	Thomas	Gt Bentley Running Club	Female Master 35
254	00:57:32	308 Clive	Thomas	Gt Bentley Running Club	Male Master 40
255	00:57:34	294 Maria	Cheaveau	Unattached	Female Master 50
256	00:57:35	155 Aimee	Missen	Unattached	Female Open
257	00:57:36	204 Jane	Swift	Unattached	Female Master 35
258	00:57:43	229 Laura	Arfi	Stowmarket Striders	Female Master 35
259	00:57:47	831 Richard	Wilkins	Unattached	Male Open
260	00:57:55	290 Lucy	McAlpine	Felixstowe Road Runners	Female Open
261	00:57:59	269 Lou	Allport	Unattached	Female Open
262	00:58:04	48 Phillip	Vaughan-Williams	Unattached	Male Open
263	00:58:07	65 Mark	Simons	Dedham Resident	Male Master 40
264	00:58:20	840 Gavin	Peck	Dedham Resident	Male Open
265	00:58:24	28 Emma	Rixon	Unattached	Female Master 35
266	00:58:25	235 Clare	McKenna	Harwich Runners	Female Open

267	00:58:27	180 Tara	Corbett	Unattached	Female Master 35
268	00:58:35	815 John	Voss	Unattached	Male Master 40
269	00:58:49	321 Jessica	Gooderham	St Edmund Pacers	Female Open
270	00:58:56	219 Tracy	McKenzie	Unattached	Female Master 35
271	00:59:02	851 Martin	Fuller	Felixstowe Road Runners	Male Master 40
272	00:59:05	350 Darren	Sell	Unattached	Male Master 40
273	00:59:09	95 Gary	Booker	Unattached	Male Open
274	00:59:37	54 Martin	Turner	Unattached	Male Open
275	00:59:41	17 Catherine	Warner	Unattached	Female Open
276	00:59:55	168 Miranda	Rayner	Harwich Runners	Female Master 35
277	00:59:55	177 Sandra	Hill	Unattached	Female Master 35
278	00:59:55	339 Kathryn	Summer	Hadleigh Hares A.C.	Female Master 35
279	00:59:56	15 Suzanne	Miller	Unattached	Female Open
280	00:59:57	150 Anne	Oliver	Felixstowe Road Runners	Female Master 50
281	01:00:03	50 Karen	Howlett	Unattached	Female Master 35
282	01:00:04	134 Maria	Hynes	Unattached	Female Master 35
283	01:00:05	332 Teresa	Parkins	Unattached	Female Master 50
284	01:00:07	327 Rebecca	Brice	Unattached	Female Open
285	01:00:07	312 Vicki	Doughty	Unattached	Female Master 35
286	01:00:18	158 Jayne	Farnsworth	Felixstowe Road Runners	Unable to place in Cat.
287	01:00:22	295 Edward	Bloomfield	Unattached	Male Master 55
288	01:00:29	16 Anne	Warner	Unattached	Female Master 50
289	01:00:47	249 Doreen	Hewett	Dedham Resident	Female Master 50
290	01:00:48	839 Martin	Winter	Die Eiszapfen	Male Master 40
291	01:01:40	271 Dinesh	Bhuyan	Unattached	Male Master 55
292	01:01:55	875 Bev	Hudson	Dedham Resident	Female Master 35
293	01:01:55	850 Katie	Sambrook	Dedham Resident	Female Master 35
294	01:02:32	68 Clare	Bennett-White	Unattached	Female Master 35
295	01:02:43	85 Karen	Biggin	Unattached	Female Master 35
296	01:03:17	140 Jean	Appleby	Unattached	Female Master 50
297	01:03:18	8 Sam	Davis	Unattached	Male Open
298	01:03:24	336 Begona	Bushell	Unattached	Female Master 35
299	01:03:37	75 Dolina	O'Neill	Unattached	Female Master 35
300	01:03:37	74 Doug	O'Neill	Unattached	Male Master 40
301	01:03:40	259 Sally	Dunstone	Unattached	Female Master 35
302	01:03:41	260 Derek	Dunstone	Unattached	Male Master 40
303	01:03:49	869 Eleanor	Loaring	Unattached	Female Open
304	01:04:00	114 Lisa	Dalton	Unattached	Female Master 35
305	01:04:02	246 Gary	Egan	Unattached	Male Master 40
306	01:04:04	88 Adam	Toomer	Unattached	Male Open
307	01:04:09	35 Kevin	Finnigan	Unattached	Male Master 55
308	01:04:10	825 Eddy	Chegwin	Unattached	Female Open
309	01:04:10	826 Carlo	Turco	Unattached	Male Master 40
310	01:04:12	275 Niranjana	Das	Unattached	Male Open
311	01:04:26	307 Anneli	Ostler	Unattached	Female Open
312	01:04:52	165 Lesley-Anne	Perry	Grange Farm & Dunmow Runners	Female Open
313	01:04:53	164 Nick	Perry	Grange Farm & Dunmow Runners	Male Master 40
314	01:05:06	39 Eleanor	Youd	Unattached	Female Open
315	01:05:29	9 Sue	Sorrell	Gt Bentley Running Club	Female Master 35
316	01:05:29	118 Sarah	Harris	Unattached	Female Master 35
317	01:05:44	287 Alice	Young	Hadleigh Hares A.C.	Female Open
318	01:05:52	347 Carla	Wiggins	Felixstowe Road Runners	Female Open
319	01:05:53	5 Neil	Chambers	Team Active	Male Open
320	01:05:54	6 Nicola	Chambers	Unattached	Female Master 35

321	01:06:15	47	Lynsey	Summers	Unattached	Female Open
322	01:06:21	858	Rose	Haskey-Jones	Tiptree Road Runners	Female Master 35
323	01:07:09	323	Rory	Marriott	Barking Road Runners	Male Master 40
324	01:07:43	333	Laura	Riley	Unattached	Female Open
325	01:08:21	78	Sharon	Robinson	Unattached	Female Master 35
326	01:08:59	154	Miranda	Acres	Unattached	Female Master 35
327	01:09:03	198	Kathryn	Martin	Unattached	Female Open
328	01:09:07	874	Sandra	James	Gt Bentley Running Club	Female Master 50
329	01:09:18	261	David	Warwick	Unattached	Male Master 55
330	01:09:24	292	Ian	Pearson	Unattached	Male Open
331	01:10:19	860	Cindy	Merrell	Unattached	Female Master 35
332	01:10:21	859	Gary	Merrell	Unattached	Male Master 40
333	01:10:36	279	Ryan	Laubscher	Unattached	Male Open
334	01:12:04	33	Myhill	Nalam	Ipswich JAFFA	Female Master 35
335	01:12:37	195	Yanna	Williams	Unattached	Female Master 50
336	01:12:37	194	David	Williams	Unattached	Male Master 40
337	01:13:37	46	Lisa	Ray	Dedham Resident	Female Master 35
338	01:17:51	73	Jennie	Denman	Unattached	Female Open
339	01:17:51	72	Peter	McQuillen	Unattached	Male Master 55
340	01:18:45	43	Claire	Bardsley	Stowmarket Striders	Female Master 35
341	01:18:56	185	Jane	Duo	Unattached	Female Master 35
342	01:18:57	199	Alison	Hosking	Unattached	Female Master 35
343	01:18:57	184	Dominic	Duo	Unattached	Male Master 40
344	01:20:08	189	Harolb	Bennett	Felixstowe Road Runners	Male Master 55
345	01:21:30	89	Whitney	Thompson	Unattached	Female Open
dns/dnf		3	Dominic	Turner	Sudbury Joggers	Male Master 40
dns/dnf		10		Withdrawn	Unattached	Unable to place in Cat.
dns/dnf		11		Withdrawn	Unattached	Unable to place in Cat.
dns/dnf		12		Withdrawn	Unattached	Unable to place in Cat.
dns/dnf		21		Withdrawn	Unattached	Unable to place in Cat.
dns/dnf		24		Withdrawn	Unattached	Unable to place in Cat.
dns/dnf		36	Thomas	Reeve	Unattached	Male Open
dns/dnf		38	John	Squirrell	Stowmarket Striders	Male Master 55
dns/dnf		42	Lara	Townsend	Gt Bentley Running Club	Female Master 35
dns/dnf		52	Philip	Shirley	Unattached	Male Master 55
dns/dnf		53	Simon	Lee	Unattached	Male Master 40
dns/dnf		61		Withdrawn	Unattached	Unable to place in Cat.
dns/dnf		62		Withdrawn	Unattached	Unable to place in Cat.
dns/dnf		70	Claire	Nash	Unattached	Female Open
dns/dnf		71		Withdrawn	Unattached	Unable to place in Cat.
dns/dnf		76	Jonathan	Harkin	Unattached	Male Open
dns/dnf		77		Withdrawn	Unattached	Unable to place in Cat.
dns/dnf		81		Withdrawn	Unattached	Unable to place in Cat.
dns/dnf		83	Tracey	Bate	Unattached	Female Master 35
dns/dnf		84	Lisa	Shelley	Unattached	Female Master 50
dns/dnf		96		Withdrawn	Unattached	Unable to place in Cat.
dns/dnf		99	Michelle	Cooper	Unattached	Female Master 35
dns/dnf		101	Kayleigh	Murfet	Unattached	Female Open
dns/dnf		102	Philip	Rutter	Benfleet Running Club	Male Master 40
dns/dnf		103	Susan	Sebborn	Unattached	Female Master 50
dns/dnf		112	Neil	Wray	Unattached	Male Open
dns/dnf		113	Sue	Wray	Unattached	Female Master 35
dns/dnf		116	Michael	Turner	Unattached	Male Master 40
dns/dnf		120	Charyn	White	Unattached	Female Open

dns/dnf	122 Peter	Green	Unattached	Male Open
dns/dnf	126 Jamie	Ash	Gt Bentley Running Club	Male Open
dns/dnf	132 Carl	Temme	Unattached	Male Open
dns/dnf	136 Henry	Lammin	Unattached	Male Open
dns/dnf	137 Rachel	Taylor	Unattached	Female Master 35
dns/dnf	138 Chris	Taylor	Unattached	Male Open
dns/dnf	142	Withdrawn	Unattached	Unable to place in Cat.
dns/dnf	144 Kisten	May	Unattached	Female Master 35
dns/dnf	145	Withdrawn	Unattached	Unable to place in Cat.
dns/dnf	156	Withdrawn	Unattached	Unable to place in Cat.
dns/dnf	162 David	Porter	Unattached	Male Master 40
dns/dnf	176 Kate	Bullock	Unattached	Female Master 35
dns/dnf	197 Eleanor	Young	Unattached	Female Open
dns/dnf	203 Natalie	Kershaw	Unattached	Female Master 35
dns/dnf	207 Mark	Ross	Gt Bentley Running Club	Male Master 40
dns/dnf	209 Julio	Villa	Unattached	Male Open
dns/dnf	215 Jonathan	Cagie	Unattached	Male Master 40
dns/dnf	218 Lesley	Cooper	Unattached	Unable to place in Cat.
dns/dnf	224 Emma	Mortimer	Ipswich JAFFA	Female Open
dns/dnf	241 Karen	Day	Unattached	Female Master 35
dns/dnf	244 Timothy	Whytock	Dedham Resident	Male Master 40
dns/dnf	245	Withdrawn	Unattached	Unable to place in Cat.
dns/dnf	266 Craig	Anderson	Unattached	Male Master 40
dns/dnf	277 Wasim	Haque	Unattached	Male Master 40
dns/dnf	283 Liane	Nixon	Unattached	Female Open
dns/dnf	284 Rebecca	Markham	Unattached	Female Master 35
dns/dnf	297 Sandra	Roberts	Unattached	Female Master 35
dns/dnf	316 Neil	Berry	Unattached	Male Open
dns/dnf	330 Louise	Luke	Unattached	Female Master 50
dns/dnf	331 John	Luke	Unattached	Male Master 40
dns/dnf	343 Nancy	Hammond	Hadleigh Hares A.C.	Female Master 35
dns/dnf	833 Gary	Drummond	Unattached	Male Master 40
dns/dnf	834 Sally	Stott	Unattached	Female Master 50
dns/dnf	847 Charlotte	Alcock	Unattached	Female Open
dns/dnf	873 Teresa	Parkins	Unattached	Female Master 50