



Oldham County Parks and Recreation

Firecracker 5K Run / 2 Mile Walk July 14th, 2012

Presented By:



Parks and Recreation

Volunteers

Oldham County Parks and Recreation is in need of volunteers to fill several job duties for these races to be a success. If you have Beta hours, service hours or you just some extra time this is a great opportunity for you to get 3+ hours and have fun doing it. All volunteers will receive a t-shirt for working and your name will be put in a drawing for one of the door prizes.

Please fill out form and mail to OC Parks and Recreation or call 502-225-0655 ext. 102.

Name: _____

Phone (H): _____ (C): _____

Shirt Size: S M L XL XXL

Volunteer Opportunities with Start Time:

(Check jobs you wish to help with)

(You can check more than one)

_____ Water stop (7:30 a.m.)

_____ Course directions (7:30 a.m.)

_____ Registration (6:45 a.m.)

_____ Course prep. (6:00 –6:30 a.m.)

_____ Course Tear Down

_____ Finish Line (7:30 a.m.)



Make checks payable to Oldham County Parks and Recreation

Name _____

Address _____

City _____ State _____ Zip _____

Email _____

Date of Birth _____ Age _____ Gender: Male Female Male Female S M L XL XXL (add \$2.00 for XXL shirt)



Send entry form and check to:
Firecracker 5K Run
1551 N. Hwy 393
LaGrange, KY 40031

I, the undersigned participant in "Oldham County Parks and Recreation 2012 Firecracker 5K run/walk, do hereby agree for myself, my heirs, executors, and assigns that Oldham County Parks and Recreation, Oldham County Fiscal Court and any agents, officers, employees, and sponsors thereof, shall be released from any and all claims for personal injury or injury, loss, or damage to personal property suffered or sustained by me in connection with, or arising out of or resulting from, any and all activities associated with the "Oldham County Parks and Recreation 2012 Firecracker 5K Run/walk while on or about the premises of the United States, Commonwealth of Kentucky, Oldham County, Oldham County Parks and Recreation Department. I further assume the risk of personal injury, loss, or damage to myself and loss, injury, and damage to my property while on the above premises and while participating in the above activities. I understand that I, my child or any family member(s) may be photographed during the course of this Oldham County Parks and Recreation program and the photographs may be used in print media or on the internet for promotional purposes.

Signature or (signature of parent if under 18)

Entry Form (circle races entering)	
Firecracker 5K	\$15 / \$20
Skeleton 5K	\$15 / \$20
Turkey Trot 8K	\$15 / \$20
Total	



Firecracker 5K Run/ 2 Mile Walk

Saturday, July 14, 2012

Westport Park

Race begins at 8:00 a.m.

Distance:

5K (3.1 miles) - Runners

3.2K (2 miles) - Walkers.

REGISTRATION FEES:

\$15.00 early registration, \$20.00 after June 28th, including race day.

Race Day:

Late registration and packet pickup starts at 7:00 a.m. and closes at 7:45 sharp. Awards ceremony starts at 9:00 a.m.

Awards:

All pre-registered entrants guaranteed a short sleeved t-shirt, late registrants on a first come/first serve basis.

Awards will be presented to:

- The top overall male and female finishers
- The top two male and female finishers in each of the following age groups:
 - 10 & under, 11-19, 20-29, 30-39, 40-49, 50-59, 60 & over and Walkers.

Direction to Park

From Louisville:

1. Take I-71 N – go 13.3 mi
2. Take exit #18/Buckner – go 0.4 mi
3. Turn left on KY-393 – go 0.7 mi
4. Turn left on KY-146 – go 0.2 mi
5. Turn right on N Highway 393(KY-393) – go 4.9 mi
6. Turn right on US-42 – go 2.9 mi
7. Turn left on KY-524 – go 3.4 mi
8. Continue straight into park – 0.1 mi

From Lexington/Frankfort:

1. Take I-64 W – go 55.6 mi
2. Take exit #19B onto I-265 N – go 9.1 mi
3. Take exit #35A/Cincinnati onto I-71 N – go 9.2 mi
4. Go to #2 on Louisville directions

From Cincinnati:

1. Take I-71 S/I-75 S – go 19.2 mi
2. Take exit #173/Louisville onto I-71 S – go 58.5 mi
3. Go to #2 on Louisville directions

Westport Park
6617 Main Street
Westport, KY 40077

UPCOMING RACES

Duathlon:

Saturday, June 9, 2012

Competitors will test their ability in a 3K run, 10 mile bike and another 3K run.

Mini-Triathlon:

Saturday, September 8, 2012

Compete in a 400 meter swim, 10 mile bike ride and a 3K run.

Skeleton 5K Run/Walk:

Sunday, October 21, 2012

After this run those Ghosts and Goblin's will never be able to catch you.

Turkey Trotter 8K Run:

Saturday, November 17, 2012

Get your body ready for upcoming holidays with this challenging 8K cross country course.

- Go to www.oldhamcounty.net and click on parks and recreation to get maps to each park.



Parks and Recreation
www.oldhamcounty.net